



Artwork by Jessica Levesque

# **Self Advocates Soaring: Our Dreams with Wings**

**2018 WESTERN REGION  
SELF ADVOCACY CONFERENCE  
June 28th & 29th, 2018  
Quality Inn, 8250 Park Rd., Batavia, NY**



# 2018 Western Regional Self Advocacy Conference Agenda

**Thursday, June 28th, 2018**

**3:00 pm – 6:00 pm**

**Registration**

Register for the conference and check-in to hotel

**4:00 pm – 5:00 pm**

**Open Mic – Sam and Mike**

**4:30 pm – 5:30 pm**

**Stop the Abuse! Prevention Resources and Peer Support Project**

**5:00 pm – 6:00 pm**

**Getting to Know You Game**

Have fun and meet your fellow conference attendees with Mike Woodward and Jonathan Doherty of The All Stars

**6:00 pm – 8:00 pm**

**Dinner Banquet**

**Special Welcome**

Region 1 OPWDD Representative

**Keynote Speaker:**

Engelic Everett, Author and Advocate “Olivia the Bully” children’s book

**8:00 pm – 9:00 pm**

**Talent Open Mic with Karaoke**

**9:00 pm – 11:00pm**

**Dance Party with Maranatha DJ**

**Friday, June 29<sup>th</sup>, 2018**

**6:30 am – 8:30 am**

**Breakfast** for overnight attendees in the Restaurant

**8:00 am – 9:00 am**

**Registration**

Register for the conference

**9:00 am – 9:45 am**

**Opening Ceremony**

**Welcome and Invocation**

**SANYS Board of Directors Election Candidate Speeches**

**10:00 am – 10:45 am**

**Session A** workshops

**11:00 am – 11:45 am**

**Session B** workshops

**12 Noon – 1:45 pm**

**Lunch Banquet**

**Keynote Speakers:**

Orleans County Sheriff Randy Bower  
Chester Finn, OPWDD

**Awards Ceremony**

**Board Election Announcement**

**2:00 pm – 2:45 pm**

**Session C** Workshops

<b>Workshop</b>	<b>Presenter</b>	<b>Description</b>
<b>Session A - 10:00 am – 10:45 am</b>		
1. Under the Umbrella	Class Act Self Advocacy Group	The system is changing and so are we- moving out from under the umbrella to a new life!
2. To Work or Not to Work- That is the Question!	BJ Stasio and the Revenue Field Office	Discuss ways you can work and still maintain your benefits. Marriage & benefits will be covered also
3. Community Organizing	Marie Malinowski	Learn how to make real changes in your community. This was presented at the National Self Advocacy Conference this year.
4. A Game of Rights	Incredible Angels	Have fun and learn! In small groups you will play games that relate to human rights
5. Self Direction	Kim Hennen, Gwen Squire, Allen Fontaine	Learn about self directed services from people who are at different stages in the process of using them
<b>Session B - 11:00 am – 11:45 am</b>		
6. Finding the Balance in You	Kaylin Corbran	The benefits and myths of healthy eating and exercise. Kaylin is a bodybuilder and will get you excited about being healthy!
7. Peers: Agents of Change in the Transition Process	Zach Garafalo	Open Doors connect paid peers and family to people who are transitioning from nursing homes and ICF's. Learn about these jobs and the supports available for transition.
8. Sharing Our Stories of Struggle and Success	Sadie Jay- Edwards, Russell Johnson	A facilitated discussion and sharing about facing the silent barriers: addiction, depression, and other difficult pitfalls
9. Your ISP: How to Make it Yours	Sarah DiChristina and Self Advocacy Leaders	How you can take control of and be more involved in your planning meeting. The focus is YOU!
10. Self Advocacy: Being Prepared for an Emergency	Pati Aine Guzinski	Explore steps to take to be prepared, safety during emergencies, and how to be a voice for personal and community recovery after an emergency
<b>Workshop</b>	<b>Presenter</b>	<b>Description</b>
<b>Session C - 2:00 pm – 2:45 pm</b>		
11. Internet Safety	Jonathon Doherty and Sheriff Randy Bower	Come find out ways you can stay safe online and meet our keynote Sheriff Randy Bower.
12. Getting a Group Up and Running in the Community	The Self AdvoCatts	Learn best practices in getting a community based self advocacy group going
13. Managed Care	Amanda Bishi, OPWDD	Learn all about the big changes with our MSC's and our services
14. Vision Board	Christa Knaak	Hands on: create a poster board with a vision for your life on it to share back home
15. Meet the Finger Lakes Advocacy Office	Marilyn Stata, Deanna McManus, BJ Stasio	Advocacy as a career- what we do and what we can do for you in the OPWDD FL Advocacy office

**2018 Western Regional Conference Registration**  
**Absolutely no registrations will be accepted after May 18, 2018**

**Instructions:**

- 1) **Fill out one form for each person attending, including staff.** Walk-ins cannot be accepted. Direct Support Professionals must be registered ahead of time.
- 2) **Deadline: May 18, 2018**
- 3) **Register by mailing form to:**

**The Self Advocacy Association of NYS, Inc.**  
**C/O: Conference**  
**1200 East and West Road Bldg 16**  
**West Seneca, NY 14224**
- 4) **Make Check or Money Order payable to “SANYS” and mail with registration.**
- 5) **Make Hotel reservations** by calling the Quality Inn at (585)-344-2100. Rooms are \$89, \$20 per cot, \$105 for a Suite. Mention the Self Advocacy conference. Parking is included. The Quality Inn is located at 8250 Park Rd. Batavia, NY.
- 6) **A limited number of partial scholarships are available** on a need basis. To request a scholarship contact Sue O’Hearn at 585-461-8741 in the Finger Lakes Region or Sophia Roberts at 716-517-3598 in the Western Region.
- 7) **If you are registering a staff/support person, but do not know their name yet,** fill out the form this way, Name: Staff for (first and last name of person they are supporting). Example: Staff for Mavis Appleblum.
- 8) **Don’t forget to nominate** a person, group or agency for an award! Award nomination included in this packet.
- 9) **For people from Finger Lakes DDSO ONLY** – Fill out a paper registration form for staff and self advocates and send it to Contina Rice at the FLDDSO by 5/11/18. She can be reached at 585-461-8671 or [contina.l.rice@opwdd.ny.gov](mailto:contina.l.rice@opwdd.ny.gov)
- 10) **Palm Island Water Park** –The hotel has a water park on premises. Admission is FREE for overnight guests and only \$5 for those coming for the day. The water park is open Friday from 10am – 8pm.

## 2018 Regional Self Advocacy Conference Registration Form

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Address: \_\_\_\_\_

Email address: \_\_\_\_\_

Self Advocacy Group Name/Organization: \_\_\_\_\_

I am a:  self advocate  family member  support person  other

**Registration** (check one):

Both Days (\$82) *incl. all meals, events, t-shirt, water park admission*

Friday Only (\$52) *incl. lunch, workshops, t-shirt*

Thursday Only (\$68) *incl. dinner, events, dance, t-shirt*

I have called and gotten approved  
for a scholarship.

**Registration Fee** \_\_\_\_\_

**Scholarship Amount** \_\_\_\_\_

**Meals:**

**Thursday Dinner (pick one):**

*Incl. salad, seasonal veggie, potato, bread, beverage, and dessert*

Rib Eye Steak with Mushrooms

Grilled Pork Loin w/ Chutney

Pasta Primavera

**Dietary Needs (if any):**

Gluten Free

Pureed

Lactose Intolerance

Nut Allergy

Other \_\_\_\_\_

**Friday Lunch (pick one):**

Bourbon Chicken Sandwich

Roasted Veggie Wrap

Cesar Salad with Grilled Chicken

A full breakfast is provided in the Restaurant for those staying overnight. It is \$6.95 for those coming for Friday only, to be paid directly to the restaurant

**Access Needs** (if any):

Sign Language Interpreter

Large Print Program

Braille Program

**Workshop Choices** (please circle one for each session. Descriptions on previous page):

Session A      1                  2                  3                  4                  5

Session B      6                  7                  8                  9                  10

Session C      11                  12                  13                  14                  15

**Free T-Shirts for everyone! Please circle your size:**

**Small**

**Medium**

**Large**

**XL**

**2X**

**3X**

**4X**

**I would like to purchase a second t-shirt for \$8.00 Size:** \_\_\_\_\_

**Total Amount Included with Registration Form:** \_\_\_\_\_

**Check or Money Order #:** \_\_\_\_\_

**2018 WESTERN REGION  
SELF ADVOCACY CONFERENCE  
Award Nomination Form**

Category: **Support Person of the Year Award**

Awarded to a Support Person for outstanding achievement in supporting self advocates.

Nominee Name:

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Reasons why they should get this award:

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Category: **Janet Van Landingham Volunteer of the Year Award**

Awarded to an individual who shows the qualities of the late Janet Van Landingham: dedication, integrity, consistency, commitment, caring and promotion of self advocacy.

Nominee Name:

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Reasons why they should get this award:

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Category: **Self Advocate Achievement Award in Memory of Linda Chapell**

Awarded to a Self Advocate from the Western area for outstanding achievement.

Nominee Name:

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Reasons why they should get this award: \_\_\_\_\_

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Category **Self Advocate Achievement Award in Memory of Julie Rosenberg**

Awarded to a Self-Advocate from the Finger Lakes area for outstanding achievement

Nominee Name:

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Reasons why they should get this  
award: \_\_\_\_\_

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Category: **Agency of the Year Award**

Awarded to an Agency for outstanding achievement in supporting self advocacy.

Nominee Name:

\_\_\_\_\_

Reasons why they should get this  
award: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Category: **Self Advocacy Group of the Year Award In Memory of Ethel Pacht**

Awarded to a Self Advocacy Group for outstanding achievement.

Nominee Name:

\_\_\_\_\_

Reasons why they should get this  
award: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Name of Person making the nomination, so we can contact you, if needed  
(please print)**

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Phone/email: \_\_\_\_\_ / \_\_\_\_\_

Address: \_\_\_\_\_

Please return nomination form by **June 1, 2018** to: Jason Belicove, Self Advocacy Association,  
620 Westfall Rd., Suite 652, Rochester NY 14620 or fax to: (585) 461-8733.