**SANYS Weekly Event Update 7/6/2020**

**Here’s what you might have missed**

**Right of the Week, Marilyn Stata**, OPWDD Rights Advocacy Liaison

Right # 2 which states from OPWDD

The Right to a Safe and Secure Home that provides for choices in access, Roommates, décor ,and  the ability  to control the routine of the day, which minimally, incorporates choices with meal times, Visitors, and Routine.

I am choosing this right because of the Pandemic that we are going through some individuals feel that this right doesn't mean anything right now because their routine is different due to the pandemic.

Wellness Quote of the Week: Shared by Shameka Andrews, SANYS Outreach Coordinator

**"Do not go where the path may lead, go instead where there is no path and leave a trail." -*Ralph Waldo Emerson***

**Wellness Activity:**

**30th Anniversary of The Americans with Disabilities Act (ADA) – Overview of the SANYS Easy Read– ADA 30th Anniversary Overview I – V Titles with BJ Stasio, SANYS Board President**

**SANYS ADA Easy Read attached**

**Song/Video shared: Civil and Disability Rights**

<https://youtu.be/KEH7Yp_gdvg>

**Tuesday Wellness: Core Competency with Renee Christian, Regional Centers for Workforce Transformation and Certified Life Coach.**

**What’s Upcoming this week**

**Monday July 20th**

9:30-10am Coffee Clutch – Hosted by SANYS LI Join Zoom Meeting [https://us02web.zoom.us/j/200922882](https://www.google.com/url?q=https://us02web.zoom.us/j/200922882&sa=D&ust=1589632654127000&usg=AOvVaw1LFoYUS0NIJ4xw_Uwelb4z) Meeting ID: 200 922 882 One tap mobile +19292056099,,200922882# US (New York)

1pm-2pm SARTAC National Self-advocacy Call Join on computer, tablet or smart phone - [**https://zoom.us/j/324815633**](https://zoom.us/j/324815633)Or call 1-929-436-2866 and the Meeting ID: 324 815 633

# The next meeting of Self-Advocates EndPolice Violence is this coming Monday July 20th from 3pm-5pm.

# ****If you know someone who would like to join us at our next meeting or receive emails, they can fill out our RSVP form by clicking**** [here](https://gmail.us10.list-manage.com/track/click?u=9603672820563479ce64ff7ee&id=7d29f5d508&e=fc828ad20b)****(or here**** [https://forms.gle/apSuQvd18ocT1hnp6](https://gmail.us10.list-manage.com/track/click?u=9603672820563479ce64ff7ee&id=2438c041e0&e=fc828ad20b)****).**** ****Only people who have RSVP'd by filling out the form will be able to attend.****

At our next meeting we will discuss updates from the following work groups  
  
1. Connecting with police2. Political actions3. Discussion and Sharing Information4. Sharing with others and getting others involved  
  
If you have another topic that you would like to be added to the agenda, you can email [selfadvocatesEPV@gmail.com](mailto:selfadvocatesEPV@gmail.com)  
  
**Please share this information with people you know who might like to join our next meeting.**  
  
If you have any questions you can email [selfadvocatesEPV@gmail.com](mailto:selfadvocatesEPV@gmail.com)

**Tuesday July 21st**

11-12 Communication is Key Chat Hosted by the Center for Self Advocacy

Join Zoom Meeting

<https://us02web.zoom.us/j/632063927>

Meeting ID: 632 063 927

Password: 12344

One tap mobile

[+16468769923,,632063927#,,,,0#,,12344#](tel:+16468769923,,632063927%23,,,,0%23,,12344%23) US (New York)

[+13126266799,,632063927#,,,,0#,,12344#](tel:+13126266799,,632063927%23,,,,0%23,,12344%23) US (Chicago)

ADA30: It’s Personal" because we feel that although the ADA is far reaching in its scope, it is also very personal to each and every person with a disability. The event will be moderated by our own B.J. Stasio and several of our members will be sharing their stories live as panelists on the call.

So please mark your calendar for **Tuesday, July 21 from 1:00 PM-1:45 PM**

The Zoom Celebration will be streamed live on the Lieutenant Governor's Facebook page at <https://www.facebook.com/ltgovhochulny/> , on SANYs Facebook page <https://www.facebook.com/SelfAdvNYS/> and on OPWDD’s Facebook page <https://www.facebook.com/NYSOPWDD/>

**4-5pm: Tuesday Wellness series**, this week we’ll be talking with BJ Stasio, SANYS Board President and Robin Bennett, Disability Advocate and past Chairwoman Michigan State Independent Living Council (MI-SILC)

BJ and Robin will lead a discussion based on the SANYS Easy Read: – ADA Titles I – V. We’ll also make a brief 30th Anniversary “Thank You ADA” video

<https://us02web.zoom.us/j/81751454478>

Meeting ID#: 817 5145 4478 Call in: 1-929-205-6099

Setting Boundaries” 5:30-7pm.

<https://us02web.zoom.us/j/82083750829>

Call-in: 929-205-6099

Meeting ID: 820 8375 0829

**Wednesday July 22nd**

**1pm-3pm “Staying Connected” Advocacy – Wellness Zoom (one link for both Advocacy and Wellness)**

Advocacy: Review of OPWDD’s New Guidance for Outings, Visits, and Day Programs.

Wellness: Meditation with Shameka Andrews, Rights Quote with Marilyn Stata, Wellness Quote and Core Competency with Renee Christian, and Wellness Activity

<https://us02web.zoom.us/j/88433136961>  or Call in: 1-929-205-6099  Meeting ID: 884 3313 6961

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**Thursday July 23rd**

11-12 Communication is Key Chat Hosted by the Center for Self-Advocacy. Join Zoom Meeting

<https://us02web.zoom.us/j/632063927>

 Meeting ID: 632 063 927

Password: 12344

One tap mobile

[+16468769923,,632063927#,,,,0#,,12344#](tel:+16468769923,,632063927%23,,,,0%23,,12344%23) US (New York)

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**Friday July 24th**

**1-3pm “Staying Connected” Open Mic Supportive Group**

<https://us02web.zoom.us/j/84144965654>Call in: 1-929-205-6099  Meeting ID: 841 4496 5654

**Saturday July 25th**

**DJ Zoom Party,** 7:30pm DJ Jammin Joe Saturday Dance Party  <https://zoom.us/j/98074946684>

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