**SANYS Weekly Event Update 9/28/2020**

**And here’s what you might have missed last week of 9/21**

**Important Voting Deadlines**

Last day to register to vote: October 9th

Last day to apply for an Absentee Ballot: October 27th

(Oct 16th recommended due to mail)

**Right of the Week, Marilyn Stata**, OPWDD Rights Advocacy Liaison

Right # 10 which states: **The use of his/her personal money on items and activities of their choice.**

I am choosing this right because we all have choices with what we spend our money on, and we have consequences when we don't use good judgment on what we buy.

**Wellness Quote of the week brought to you today by Shameka Andrews:**

When you see something that is not right, not fair, not just, you have to **speak up**. You have to say something; you have to do something. ~John Lewis

**Racism and Inclusion Video:**

<https://www.youtube.com/watch?v=zRwt25M5nGw&feature=youtu.be>

**Song of the week brought to you today by**

**SANYS Capital Region:**

Hold On (Change is Coming) by Sounds of Blackness: <https://youtu.be/RE08EFwKyLA>

**SANYS President Interviews Judy Heumann-**

<https://sanys.org/news/sanys-president-interviews-judy-heumann/>

**Friday’s song:** “Courage” by Justin Hines-

<https://www.youtube.com/watch?v=8ZjVsEo0ub4&pbjreload=101>

**Here is what’s coming up**

**Mark Your Calendar**

[Ways to Vote in NYS, Best Practices, and How to Report Accessibility Barriers](https://www.google.com/calendar/r?eid=XzY4bzM0YzFnNzRwMzJsMWg2c29qY2M5cGI4bWppY3BwNnNzajhkOW42Y3JqZ2czNmNrczMwZWhnNzhvM2tjMXE2NHE2Nm9ocTY1aG1jcGhxY3BpbWFjaHFjcGhqZ3AzNWRwcGphIHNhbmRyZXdzQHNhbnlzLm9yZw&ctok=c2FuZHJld3NAc2FueXMub3Jn)

Wednesday, September 30 @ 11AM

<https://zoom.us/j/93899360970>

Thursday, October 8 @ 6:30 PM

<https://zoom.us/j/93979457378>

Tuesday, October 13 @ 1PM

<https://zoom.us/j/97621225258>

Friday, October 23 @ 10AM

<https://zoom.us/j/96409985919>

**Monday September 28th**

**9:30-10am Coffee Clutch** – Hosted by SANYS LI [https://us02web.zoom.us/j/200922882](https://www.google.com/url?q=https://us02web.zoom.us/j/200922882&sa=D&ust=1589632654127000&usg=AOvVaw1LFoYUS0NIJ4xw_Uwelb4z)

Meeting ID: 200 922 882

One tap mobile +19292056099,,200922882#

**1pm-2pm SARTAC** National Self-advocacy Call [**https://zoom.us/j/324815633**](https://zoom.us/j/324815633)

Or call 1-929-436-2866

Meeting ID: 324 815 633

**4:30-5:30pm**Tea Time hosted by People Inc.

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to rbanner[@people-inc.org](mailto:rbanner@people-inc.org)

**Tuesday September 29th**

**11am -12pm Communication is Key Chat** Hosted by the Center for Self-Advocacy. Join Zoom Meeting

<https://us02web.zoom.us/j/632063927>

Meeting ID: 632 063 927

Password: 12344

One tap mobile

[+16468769923,,632063927#,,,,0#,,12344#](tel:+16468769923,,632063927%23,,,,0%23,,12344%23) US (New York)

# 1pm -4pm “Don’t Settle for Less… Settle for the Best!”

### **2020 NYC-Westchester Regional (Virtual) Conference**

### **(all are welcome)**

### **Tuesday, September 29, 2020**

### **1:00-4:00pm**

(see below for schedule and links)

Graphical user interface, application

Description automatically generated

#### **Main Zoom link (Link A\*):**

#### [**https://us02web.zoom.us/j/82525874782**](https://us02web.zoom.us/j/82525874782)**Call-In: 1-929-205-6099**

#### **Meeting ID: 825 2587 4782**

#### **2nd Zoom link (Link B\*\*):**

#### [**https://us02web.zoom.us/j/84955928489**](https://us02web.zoom.us/j/84955928489)**Call-In: 1-646-558-8656**

#### **Meeting ID: 849 5592 8489**

**\*Link A** will be used for the entire conference, including sessions 1A and 2A. Everyone should join using this link at 1:00pm.

**\*\*Link B** will be used only for sessions 2A and 2B

Questions?

Contact Sandy Mislow at smislow@sanys.org or 845-242-7031

**Wednesday September 30th**

**Staying Connected: Vote 411- getting factual info about the candidates and Filling out the Registration form**

Zoom Link:  <https://us02web.zoom.us/j/88433136961>

Meeting ID: 884 3313 6961

Call in: 1-929-205-6099

**4:30-5:30pm**Tea Time hosted by People Inc.

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**Thursday October 1st**

**11am -12pm Communication is Key Chat** Hosted by the Center for Self-Advocacy

<https://us02web.zoom.us/j/632063927>

Meeting ID: 632 063 927

Password: 12344

One tap mobile

[+16468769923,,632063927#,,,,0#,,12344#](tel:+16468769923,,632063927%23,,,,0%23,,12344%23)

**1pm-2pm SARTAC** National Self-advocacy Call

[**https://zoom.us/j/324815633**](https://zoom.us/j/324815633)

Or call 1-929-436-2866

Meeting ID: 324 815 633

**Friday October 2nd**

**10-11am**Coffee Hour hosted by People Inc.

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to rbanner[@people-inc.org](mailto:rbanner@people-inc.org)

**12pm-4pm Central/Northern Virtual Conference**

<https://us02web.zoom.us/j/87865875892>

Meeting ID: 878 6587 5892

One tap mobile

+19292056099,,87865875892#

**No Open Mic/Support group this week. We’ll be joining the Central region for their conference (see above)- all are welcome!!**

**4:30pm -5:30pm Happy Hour** Friday hosted by People Inc.

Chat ID 716 322 7070

Password on request to  rbanner[@people-inc.org](mailto:rbanner@people-inc.org)

**Saturday October 3rd**

**1-2pm** Saturday Chat with Gwen hosted by People Inc.

Chat ID 716 322 7070

Password on request to  [gsquire@people-inc.org](mailto:gsquire@people-inc.org)

**2pm-3pm** Join us for our first ever Statewide Right2Ride Transportation Support Group

We will talk about Buses, Trains, Paratransit, Rural Transportation, and Ride Sharing Services (Uber and Lift) will get an Honorable Mention. Come share tips, get info, and learn how YOU can advocate.

To join go to: <https://us02web.zoom.us/j/86976353785>

One tap mobile. +19292056099,,86976353785#

Dial by your location: 1 929 205 6099

Meeting ID: 869 7635 3785

**7:30-9:30** DJ Joe Zoom Party [https://zoom.us/j/98074946684](https://zoom.us/j/98074946684?fbclid=IwAR2LKaUdgBiG-K7qJ-Y5OaHDwyL82CC2W2BLYgCD8mZRsdPo5cr_rbilOyw)