**SANYS Weekly Event Update 10/13/2020**

**And here’s what you might have missed last week of 10/05**

**Important Voting Deadline**

The early voting period runs from Saturday, October 24, 2020 to Sunday, November 1, 2020 – Check with your local board of elections for locations and times

Last day to apply for an Absentee Ballot: October 27th

(Oct 16th recommended due to mail)

**Right of the Week – Gwen Squire, People Inc.**

Right # 1 which states: The right to Participate in developing a life plan which includes Person Centered Planning that addresses the person’s preferences, capabilities and capacities that translate into a Staff Action Plan that states outcomes and the specified time to Achieve them.

Marilyn choose this right because along with developing a life plan comes Freedom of Speech for all individuals who receive services whether in a Certified setting or not. This is important for all people that help us in our daily lives and what we need to achieve our goals and needs.

**Wellness Quote of the week brought to you today by Shameka Andrews:**

“It is not our differences that divide us. It is our inability to recognize, accept, and celebrate those differences.”― Audre Lorde

Song of the week from the Staying Connect Advocacy/Wellness Meeting on this past Wednesday

Respect - Aretha Franklin <https://youtu.be/SAI_Nv3qWto>

Last Friday’s Open Mic we talked about Mental Health Stigma Awareness Day, among lots of other things:

<https://letstalkstigma.org/>

Carl Shallowhorn: <https://youtu.be/Mal4wFob3R8>

Jenna: <https://youtu.be/u2XwNJTy58M>

I’m Still Standing - Elton John <https://youtu.be/QHMoeH2xtxI>

**Here is what’s coming up**

**Mark Your Calendar**

[Ways to Vote in NYS, Best Practices, and How to Report Accessibility Barriers](https://www.google.com/calendar/r?eid=XzY4bzM0YzFnNzRwMzJsMWg2c29qY2M5cGI4bWppY3BwNnNzajhkOW42Y3JqZ2czNmNrczMwZWhnNzhvM2tjMXE2NHE2Nm9ocTY1aG1jcGhxY3BpbWFjaHFjcGhqZ3AzNWRwcGphIHNhbmRyZXdzQHNhbnlzLm9yZw&ctok=c2FuZHJld3NAc2FueXMub3Jn)

Tuesday, October 13 @ 1PM

<https://zoom.us/j/97621225258>

Friday, October 23 @ 10AM

<https://zoom.us/j/96409985919>

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**Tuesday October 13th**

**11am -12pm Communication is Key Chat** Hosted by the Center for Self-Advocacy. Join Zoom Meeting

<https://us02web.zoom.us/j/632063927>

Meeting ID: 632 063 927

Password: 12344

One tap mobile

[+16468769923,,632063927#,,,,0#,,12344#](tel:+16468769923,,632063927%23,,,,0%23,,12344%23) US (New York)

**Wednesday October 14th**

**Staying Connected: Voting Rights with Helen Hellmuth from Disability Rights NY**

Zoom Link:  <https://us02web.zoom.us/j/88433136961>

Meeting ID: 884 3313 6961

Call in: 1-929-205-6099

**4:30-5:30pm**Tea Time hosted by People Inc.

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to [rbanner@people-inc.org](mailto:rbanner@people-inc.org)

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**1pm-2pm SARTAC** National Self-advocacy Call

[**https://zoom.us/j/324815633**](https://zoom.us/j/324815633)

Or call 1-929-436-2866

Meeting ID: 324 815 633

**Friday October 16th**

**10-11am**Coffee Hour hosted by People Inc.

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to rbanner[@people-inc.org](mailto:rbanner@people-inc.org)

1pm -3pm Staying Connected Open Mic Support Group. Here is the info to join:

<https://us02web.zoom.us/j/84144965654>

Call in: 1-929-205-6099

Meeting ID: 841 4496 5654

One touch call in:  +19292056099,,84144965654#

**4:30pm -5:30pm Happy Hour** Friday hosted by People Inc.

Chat ID 716 322 7070

Password on request to  rbanner[@people-inc.org](mailto:rbanner@people-inc.org)

**Saturday October 17h**

**1-2pm** Saturday Chat with Gwen hosted by People Inc.

Chat ID 716 322 7070

Password on request to  [gsquire@people-inc.org](mailto:gsquire@people-inc.org)

**7:30-9:30** DJ Joe Zoom Party [https://zoom.us/j/98074946684](https://zoom.us/j/98074946684?fbclid=IwAR2LKaUdgBiG-K7qJ-Y5OaHDwyL82CC2W2BLYgCD8mZRsdPo5cr_rbilOyw)