**SANYS Weekly Event Update 10/19//2020**

**And here’s what you might have missed last week of 10/13**

**Important Voting Deadline**

The early voting period runs from Saturday, October 24, 2020 to Sunday, November 1, 2020 – Check with your local board of elections for locations and times

**Right of the Week – Marilyn Stata, OPWDD**

Right # 9 Which States : The Opportunity to register to vote and participate in activities related to his/her civic responsibilities.

Marilyn says I am choosing this right as we are getting closer to the election for our next president. I think that we all need to voice our concerns and vote for the right candidate.

**Wellness Quote of the week brought to you today by Raymond Smith via Shameka:**

"Pain doesn't last. And when it's gone, we have something to show for it. Growth." **-Kamal Ravikant**

This past Wednesday Staying Connect Advocacy/Wellness Meeting

Helen Hellmuth from Disability Right NY joined us and talked about Voter Rights

[Helen.Hellmuth@drny.org](mailto:Helen.Hellmuth@drny.org)

518-860-8158

<https://absenteeballot.elections.ny.gov/>

Wednesday’s song: Good Shit Happens by Michael Franti

<https://youtu.be/3lHxRzjWTyA>

Last Friday’s Open Mic Joy Jeong shared a link to a site where you can advocate against the budget cuts:

<https://www.votervoice.net/mobile/CPANYS/campaigns/76012/respond>

We listened to “Good to Be Alive Today” by Michael Franti

<https://www.youtube.com/watch?v=W1RCHCg7YhA&list=RDW1RCHCg7YhA&start_radio=1&t=87>

**Here is what’s coming up this week**

**Monday October 19th**

**9:30-10:00 Coffee Clutch hosted by Long Island Region**

Join Zoom Meeting

<https://us02web.zoom.us/j/7165609307?pwd=ZS9Rc2t0WDUxUjQzNG1DYjYveWVtZz09>

Meeting ID: 716 560 9307

Contact Michelle or Marisol for the passcode

[mflood@sanys.org](mailto:mflood@sanys.org); [sanysliregion@gmail.com](mailto:sanysliregion@gmail.com)

**1pm-2pm SARTAC** National Self-advocacy Call

[**https://zoom.us/j/324815633**](https://zoom.us/j/324815633)

Or call 1-929-436-2866

Meeting ID: 324 815 633



**Tuesday October 20th**

**11:00AM** Center for Self-Advocacy will host a weekly The Social Justice group see information below this will replace the Community is Key Meetings that were previously held on Tuesdays

Topic: Social Justice Group

Time: Oct 20, 2020 11:00 AM Eastern Time (US and Canada)

        Every week on Tue, until Dec 22, 2020, 10 occurrence(s)

        Oct 20, 2020 11:00 AM

        Oct 27, 2020 11:00 AM

        Nov 3, 2020 11:00 AM

        Nov 10, 2020 11:00 AM

        Nov 17, 2020 11:00 AM

        Nov 24, 2020 11:00 AM

        Dec 1, 2020 11:00 AM

        Dec 8, 2020 11:00 AM

        Dec 15, 2020 11:00 AM

        Dec 22, 2020 11:00 AM

Join Zoom Meeting

<https://us02web.zoom.us/j/86200517129?pwd=WE9ZQlFDRW9OV3JDeTRjWDI5NzNuQT09>

Meeting ID: 862 0051 7129

Passcode: 12344

One tap mobile

+17209289299,,86200517129#,,,,,,0#,,12344# US (Denver)

Dial by your location

        +1 720 928 9299 US (Denver)

Meeting ID: 862 0051 7129

Passcode: 12344

**Wednesday October 21th**

**Staying Connected:** Making a Candidate Selection with the League of Women Voters

Zoom Link:  <https://us02web.zoom.us/j/88433136961>

Meeting ID: 884 3313 6961

Call in: 1-929-205-6099

**4:30-5:30pm**Tea Time hosted by People Inc.

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to [rbanner@people-inc.org](mailto:rbanner@people-inc.org)

**Thursday October 22th**

**11am -12pm Communication is Key Chat** Hosted by the Center for Self-Advocacy this meeting is cancelled for this week and will be held every other week going forward

The Center for Self Advocacy is going to be hosting an all woman’s group this week. This will be a Zoom chat session that you can join and participate with us. What do you want to discuss? Woman living with disabilities, let’s talk about challenges, victories, concerns, inspirations! What is important to you? Let’s come together, share, learn, support, unite!

You will need to contact Stephanie Mascio for a password. She is at [smascio@center4sa.org](mailto:smascio@center4sa.org). OR call with questions at (716) 220-8122, ext. 126.

Topic: Women's group open house

Time: Oct 22, 2020 11:00 AM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/82022088228?pwd=d2p6RnNrbG5PRkxiVk1TM3dTYy9PUT09>

Meeting ID: 820 2208 8228

Passcode:

One tap mobile

+17209289299,,82022088228#,,,,,,0#,, US (Denver)

**1pm-2pm SARTAC** National Self-advocacy Call

[**https://zoom.us/j/324815633**](https://zoom.us/j/324815633)

Or call 1-929-436-2866

Meeting ID: 324 815 633



**Friday October 23rd**

**9:30am**Coffee Hour hosted by People Inc.

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to rbanner[@people-inc.org](mailto:rbanner@people-inc.org)

**10:00AM** [Ways to Vote in NYS, Best Practices, and How to Report Accessibility Barriers](https://www.google.com/calendar/r?eid=XzY4bzM0YzFnNzRwMzJsMWg2c29qY2M5cGI4bWppY3BwNnNzajhkOW42Y3JqZ2czNmNrczMwZWhnNzhvM2tjMXE2NHE2Nm9ocTY1aG1jcGhxY3BpbWFjaHFjcGhqZ3AzNWRwcGphIHNhbmRyZXdzQHNhbnlzLm9yZw&ctok=c2FuZHJld3NAc2FueXMub3Jn)

<https://zoom.us/j/96409985919>

1pm -3pm Staying Connected Open Mic Support Group. Here is the info to join:

<https://us02web.zoom.us/j/84144965654>

Call in: 1-929-205-6099

Meeting ID: 841 4496 5654

One touch call in:  +19292056099,,84144965654#

**4:30pm -5:30pm Happy Hour** Friday hosted by People Inc.

Chat ID 716 322 7070

Password on request to  rbanner[@people-inc.org](mailto:rbanner@people-inc.org)

**Saturday October 24h**

**1-2pm** Saturday Chat with Gwen hosted by People Inc.

Chat ID 716 322 7070

Password on request to  [gsquire@people-inc.org](mailto:gsquire@people-inc.org)

**7:30-9:30** DJ Joe Zoom Party [https://zoom.us/j/98074946684](https://zoom.us/j/98074946684?fbclid=IwAR2LKaUdgBiG-K7qJ-Y5OaHDwyL82CC2W2BLYgCD8mZRsdPo5cr_rbilOyw)

**Make Your Calendars !!!!!!!!!!!!!!!!!!!!!!!!!!!**

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**SANYS Statewide Virtual Conference**

Dec 2nd and 3rd. Registration opens Oct 30th