**SANYS Weekly Event Update for the week of 1/18/2021**

**And here’s what you might have missed last week**

**Featured Video:** Inside the Lab That Invented the COVID-19 Vaccine

<https://www.youtube.com/watch?v=-92HQA0GcI8>

**Right of the week with Marilyn Stata, Finger Lakes DDSO**

**Today's right from OPWDD is right #7 which states:**

**The opportunity to request an alternate living/work/day program setting .**

**Quote of the Week:**

**“Injustice anywhere is a threat to justice everywhere. We are caught in an inescapable network of mutuality, tied in a single garment of destiny. Whatever affects one directly, affects all indirectly.― Martin Luther King Jr.,**[**Letter from the Birmingham Jail**](https://www.goodreads.com/work/quotes/197294)

**Friday’s Staying Connected Open Mic Call**

Video: <https://www.youtube.com/watch?v=UUlaseGrkLc>

Katie Schwartz's pick: Thank You for Being a Friend <https://youtu.be/voNEgCKzves>

**Quote and Song Suggestions for Wednesday and Friday Staying Connected Zoom Calls :**

Hello Everyone,

Music is often what people turn to when looking for hope, inspiration, or a way to capture their most passionate feelings.   Uplifting and thought -provoking Quotes can help us have renewed hope and perspective.

We would like to offer you an opportunity to share your song suggestions and quote of the week suggestions for the Wednesday and Friday SANYS "Staying Connected Zooms.

Here's how you can submit your suggestion(s):

Email Susan O'Hearn @ sohearn@sanys.org your music and/or quote suggestion(s) along with a brief description of why you chose the song(s) and/or quote(s).  When submitting a quote, include if you would be comfortable being the person to read the quote out loud during the meeting or if you'd like a member of our SANYS team to read it out loud on your behalf, should your quote suggestion be selected for that week.

With gratitude,

Susan

**Online Adaptive Fitness Classes and Websites**

[**https://www.borp.org/borp-online-fitness-studio/**](https://www.borp.org/borp-online-fitness-studio/)

<https://www.borp.org/online-fitness-options/>

**Here is what’s coming up this week**

**Monday January 18th**

**No Coffee Clutch today – Happy MLK Day**

**10-11a Coffee Chat hosted by People Inc.**

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**SARTAC ZOOM Meeting**

**Topic – Celebrating Martin Luther King Jr. How his message rings true today**

1:00 ET, Noon CT, 11:00 MT, and 10:00 PT

Join on a computer, tablet, or smartphone

[https://zoom.us/j/324815633](https://zoom.us/j/324815633?fbclid=IwAR1fV6xwN3Ix_78MPspQ9oxZLeFSWC7hkrk4odR75mnB3ztug0PR11S8q4E)

Or call 1-929-436-2866 and the Meeting ID: 324 815 633

Or go to zoom.us click on join a meeting and put in 324 815 633

**Tuesday January 19th**

**10-11a Coffee Chat hosted by People Inc.**

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**11:00 am Social Justice Group hosted by Center for Self Advocacy**

<https://us02web.zoom.us/j/86200517129?pwd=WE9ZQlFDRW9OV3JDeTRjWDI5NzNuQT09>

One tap mobile +17209289299,,86200517129#,,,,,,0#,,12344#

Dial by your location

        +1 720 928 9299

Meeting ID: 862 0051 7129

Passcode: 12344

**4:30-5:30pm Tea Time hosted by People Inc.**

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**Wednesday January 20th**

**10-11a Coffee Chat hosted by People Inc.**

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**1-2:30pm Staying Connected Advocacy/Wellness**

Topic: Vaccine Q & A

Guest Speakers: Frank Cammarata, Erie County Office for People with Disabilities- Phases Rollout

Dr. Lito Gutierrez, retired physician- About the Vaccine

Zoom Link:  <https://us02web.zoom.us/j/88433136961>

Meeting ID: 884 3313 6961

Call in: 1-929-205-6099

 **3-4:30pm Adventure Time Wednesday: Exploring the World through Art: Books, Poems, and Music.**

Zoomlink:  <https://us02web.zoom.us/j/83386639115?pwd=U3prVXF5RFh1K0MzQU5LeC9FaE5sZz09>

Meeting ID: 833 8663 9115  Call In#1-929-205-6099

Passcode: 12344

**4:30-5:30pm Tea Time hosted by People Inc.**

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**Thursday January 21st**

**10-11a Coffee Chat** hosted by People Inc.

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

Communication is Key biweekly chat

Host: Center for Self Advocacy, Inc.

Date: Thursday, January 21, 2021

Time: 11:00 am - noon

How to join:

Link:

<https://us02web.zoom.us/j/632063927>

Meeting ID: 632 063 927

Password:12344

One tap mobile: +16468769923,,632063927#,,,,0#,,12344# (US, New York)

**SARTAC ZOOM Meetings**

**Topic – LGBTQ Civil Rights Movement**

1:00 ET, Noon CT, 11:00 MT, and 10:00 PT

Join on a computer, tablet, or smartphone

[https://zoom.us/j/324815633](https://zoom.us/j/324815633?fbclid=IwAR1fV6xwN3Ix_78MPspQ9oxZLeFSWC7hkrk4odR75mnB3ztug0PR11S8q4E)

Or call 1-929-436-2866 and the Meeting ID: 324 815 633

Or go to zoom.us click on join a meeting and put in 324 815 633

**Zoom Meetings Hosted by People Inc**

Thursday Coloring/Crafts/Conversation from 4:30p-5:30p

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**Friday January 22nd**

**Coffee Chat from 10-11a**

hosted by People Inc.

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to  rbanner@people-inc.org

**1:00 – 3:00pm Staying Connected: Open Mic Support Group**

<https://us02web.zoom.us/j/84144965654>

**Zoom Meetings Hosted by People Inc**

Friday  Happy Hour from 4:30p-5:30p

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**Saturday January 23rd**

**1-2pm Saturday Social hosted by People Inc.**

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

Meeting ID: 953 6268 9438
Find your local number: <https://zoom.us/u/ad76AIx6Zs>

**7:30-9:30 DJ Joe Dance Party**

Join Zoom Meeting
<https://zoom.us/j/98074946684>

Meeting ID: 980 7494 6684
One tap mobile
+16699006833,,98074946684# US (San Jose)
+19292056099,,98074946684# US (New York)