**SANYS Weekly Event Update for the week of 2/1/2021**

**And here’s what you might have missed last week**

These are the links from this past week:

Wednesday- Link to watch the Livestream of Feb 5th’s Senate hearing on disability issues:  <https://www.nysenate.gov/calendar/public-hearings/february-05-2021/joint-legislative-public-hearing-2021-executive-budget>

**Quote of the Week shared by Shameka: “Catch the Fire” by Sonia Sanchez**
<https://furiousflower.org/catch-the-fire-by-sonia-sanchez/>

As suggested by Nadine Daley

**Right of the week by Marilyn Stata, DDSO Rights Advocate:**

Today I am doing a right from the Human rights : Your right this week is

Right to life, freedom and personal security I am talking about this right so that we all know that we have these rights and that they are not just from the OPWDD bill of rights.

**Song of the Week:** **Free Falling by Tom Petty**

<https://www.youtube.com/watch?v=PIuAFrLeXfY>

Friday’s news article for discussion: <https://www.disabilityscoop.com/2021/01/25/biden-pandemic-strategy-puts-focus-on-people-with-disabilities/29163/>

Friday’s Song of the week: Together by King and Country (as suggested by Allen Fontaine)

<https://www.youtube.com/watch?v=lR1Hk0FVi_k&list=PLo_M2sK_ayScDguyvrcJoWp60DIwpIWHp>

**Quote and Song Suggestions for Wednesday and Friday Staying Connected Zoom Calls :**

Hello Everyone,

Music is often what people turn to when looking for hope, inspiration, or a way to capture their most passionate feelings.   Uplifting and thought -provoking Quotes can help us have renewed hope and perspective.

We would like to offer you an opportunity to share your song suggestions and quote of the week suggestions for the Wednesday and Friday SANYS "Staying Connected Zooms.

Here's how you can submit your suggestion(s):

Email Susan O'Hearn @ sohearn@sanys.org your music and/or quote suggestion(s) along with a brief description of why you chose the song(s) and/or quote(s).  When submitting a quote, include if you would be comfortable being the person to read the quote out loud during the meeting or if you'd like a member of our SANYS team to read it out loud on your behalf, should your quote suggestion be selected for that week.

With gratitude,

Susan

**Self-Advocacy in Action TV Show**

Did you know that over 20 years ago Chester Finn started a TV show called Self Advocacy in Action? Now, the Self Advocacy in Action TV Show is back up and running on You Tube! Alex, Engelic, Lee, Mike and the rest of the SA in Action crew would like to invite you to join in and contribute your own material.

Do you produce videos? Would you like your work to be featured on Self Advocacy in Action? Would you like to be a host on the show and interview people? Do you want to be interviewed?

If so, please contact Mike Rogers or Sophia Roberts at western@sanys.org and we’ll let you know what to do to be on the show.

Each week we will be releasing a short video to be shared in the weekly update. This week is an interview with Mike Rogers about transportation, and we hope to have interviews by a variety of hosts on all sorts of subjects in the future like relationships, sexuality, adaptive fashion, social media, technology, disabled entrepreneurs and artists, advocacy and life.

Here’s our first video for this week: <https://www.youtube.com/watch?v=hSxXDOwA6og&pbjreload=101>

You can also see past shows and subscribe here: <https://www.youtube.com/sainaction>
And see what’s up on the Facebook page: <https://www.facebook.com/SAINACTION/>

After watching the videos, if you are inspired by what you see or have new and better ideas, consider being on SA in Action TV!

**Here is what’s coming up this week**

**Monday February 1**

**10-11a Coffee Chat hosted by People Inc.**

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**SARTAC ZOOM Meeting**

**Topic – Civil Rights Groups Passing Laws to Get Things Changed**

1:00 ET, Noon CT, 11:00 MT, and 10:00 PT

Join on a computer, tablet, or smartphone

[https://zoom.us/j/324815633](https://zoom.us/j/324815633?fbclid=IwAR1fV6xwN3Ix_78MPspQ9oxZLeFSWC7hkrk4odR75mnB3ztug0PR11S8q4E)

Or call 1-929-436-2866 and the Meeting ID: 324 815 633

Or go to zoom.us click on join a meeting and put in 324 815 633

**Tuesday February 2nd**

**10-11a Coffee Chat hosted by People Inc.**

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**11:00 am Social Justice Group hosted by Center for Self Advocacy**

<https://us02web.zoom.us/j/86200517129?pwd=WE9ZQlFDRW9OV3JDeTRjWDI5NzNuQT09>

One tap mobile +17209289299,,86200517129#,,,,,,0#,,12344#

Dial by your location

        +1 720 928 9299

Meeting ID: 862 0051 7129

Passcode: 12344

**4:30-5:30pm Tea Time hosted by People Inc.**

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**Wednesday February 3rd**

**10-11a Coffee Chat hosted by People Inc.**

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**1-2:30pm Staying Connected Advocacy/Wellness**

Topic: How to Write to Your Legislator presented by Sandy Mislow

Zoom Link:  <https://us02web.zoom.us/j/88433136961>

Meeting ID: 884 3313 6961

Call in: 1-929-205-6099

 **3-4:30pm Adventure Time Wednesday: Exploring the World through Art: Books, Poems, and Music.**

Zoomlink:  <https://us02web.zoom.us/j/83386639115?pwd=U3prVXF5RFh1K0MzQU5LeC9FaE5sZz09>

Meeting ID: 833 8663 9115  Call In#1-929-205-6099

Passcode: 12344

**4:30-5:30pm Tea Time hosted by People Inc.**

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**7:00 PM SPEAC Talent Show**

Register in advance for this meeting:
<https://us02web.zoom.us/meeting/register/tZIodu-tpjkuHdxJbWE_OlCZwLGaMveSpJgn>

After registering, you will receive a confirmation email containing information about joining the meeting.

**Thursday February 4th**

**10-11a Coffee Chat** hosted by People Inc.

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**11 am – noon**

Communication is Key chat, hosted by the Center for Self Advocacy, Inc.

<https://us02web.zoom.us/j/632063927>

Meeting ID: 632 063 927

Password:12344

One tap mobile: +16468769923,,632063927#,,,,0#,,12344# (US, New York)

**SARTAC ZOOM Meeting**

**Topic – Civil Rights Groups Taking Direct Action to Get Things Changed**

1:00 ET, Noon CT, 11:00 MT, and 10:00 PT

Join on a computer, tablet, or smartphone

[https://zoom.us/j/324815633](https://zoom.us/j/324815633?fbclid=IwAR1fV6xwN3Ix_78MPspQ9oxZLeFSWC7hkrk4odR75mnB3ztug0PR11S8q4E)

Or call 1-929-436-2866 and the Meeting ID: 324 815 633

Or go to zoom.us click on join a meeting and put in 324 815 633

 **Zoom Meetings Hosted by People Inc**

Thursday Coloring/Crafts/Conversation from 4:30p-5:30p

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**Friday February 5th**

**Coffee Chat from 10-11a**

hosted by People Inc.

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to  rbanner@people-inc.org

**1:00 – 3:00pm Staying Connected: Open Mic Support Group**

<https://us02web.zoom.us/j/84144965654>

**Zoom Meetings Hosted by People Inc**

Friday  Happy Hour from 4:30p-5:30p

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**Saturday February 6th**

**1-2pm Saturday Social hosted by People Inc.**

<https://us02web.zoom.us/j/7163227070>

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

Meeting ID: 953 6268 9438
Find your local number: <https://zoom.us/u/ad76AIx6Zs>

**7:30-9:30 DJ Joe Dance Party**

Join Zoom Meeting
<https://zoom.us/j/98074946684>

Meeting ID: 980 7494 6684
One tap mobile
+16699006833,,98074946684# US (San Jose)
+19292056099,,98074946684# US (New York)