Welcome to Right 2 Ride, a video-based training for people with developmental disabilities about advocating for and using public transit. This training consists of 3 units:

1. The Americans with Disabilities Act (ADA) – how it applies to transit

2. Advocacy – how to speak up for yourself and others about transit issues

3. Using Public Transit – what you need to know about taking public transportation and how to plan a trip

There is a guide for you to use with each unit. The guide includes:

1. the goal of the unit
2. web link to the video in English, Spanish, and ASL
3. in-class activities
4. helpful tips
5. time guidelines for each part of the unit
6. materials needed
7. a blank column to write in who is leading each section

You can print and copy the guide for each trainer to write in and use during the training. You will also see pause points in
the videos showing when to stop for an activity. When you see the spinning symbol you can pause the video for an in-class activity.

We have included handouts listing different icebreakers (INTRO-1) to use during introductions and ideas for “energizers” (INTRO-2) to use if you see the group fading or losing focus.

PowerPoint Slide Deck – If you would like to use a power point with the videos embedded into it, email r2r@sanys.org or visit the Right 2 Ride website sanys.org/r2r for a link to download the power point.

For people who want to study more, there are resources available at sanys.org/r2r. You can direct students to that website, or if they do not have access to the internet, you can print out the resources for them from the website.

If you are presenting this training over videoconference, we recommend having at least 2 trainers, one person to lead the training and the other to manage the app (i.e., chat box, muting others not speaking, sharing documents, etc.). You will see that notes are included in each guide to help you use videoconferencing.

Right 2 Ride is a peer-to-peer training. If you are not a self-advocate, we encourage you to invite a self-advocate to co-present with you or to be a guest speaker at your training.
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