**Logo

Description automatically generated SANYS Update 8/2/2021**

Things you might have missed

DRNY Phone Number - 518-432-7861

For information on the PADD Advisory Council, see <https://www.drny.org/page/padd-advisory-council-62.html> or email [Julie.keegan@drny.org](mailto:Julie.keegan@drny.org).  Or call 518-432-7861.

 Due to the Western/Finger Lakes Regional Self-Advocacy Conference being held on August 5th and 6th, the two regular weekly meetings listed below have been cancelled this week:

August 5th "Get to Know You" Zoom meeting

&

August 6th Staying Connected" Open Mic Zoom meeting.

FYI: This Wednesday, August 4th, the Adventure Time meeting will only be from 3-4pm because we have the Finger Lakes Regional meeting this week at 4pm.

No Womens Group this week due to the Western Regional Conference

Starting this week on Monday and Friday, Shameka Andrews SANYS Outreach Coordinator will be offering lunchtime meditation. Each session will be 15 minute meditation and 15 minute time to chat. These meditations are open to everytone

Topic: Lunchtime Meditation  
Time: Aug 2, 2021 12:00 PM Eastern Time (US and Canada)  
        Every week on Mon, Fri, until Sep 13, 2021, 13 occurrence(s)  
        Aug 2, 2021 12:00 PM  
        Aug 6, 2021 12:00 PM  
        Aug 9, 2021 12:00 PM  
        Aug 13, 2021 12:00 PM  
        Aug 16, 2021 12:00 PM  
        Aug 20, 2021 12:00 PM  
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        Aug 30, 2021 12:00 PM  
        Sep 3, 2021 12:00 PM  
        Sep 6, 2021 12:00 PM  
        Sep 10, 2021 12:00 PM  
        Sep 13, 2021 12:00 PM  
Please download and import the following iCalendar (.ics) files to your calendar system.  
Weekly: <https://us06web.zoom.us/meeting/tZMsfuGhrDwpHd2VXxomyaFopSJVK9i-pNH7/ics?icsToken=98tyKuGvrzIiE9aSsx6ORpwEBYr4WfPzpmZegqcPqif9DC1KYyX5JtFoBJkmGZXA>  
  
Join Zoom Meeting  
<https://us06web.zoom.us/j/87198927379>  
  
Meeting ID: 871 9892 7379  
One tap mobile  
+16465588656,,87198927379# US (New York)  
  
  
Dial by your location  
        +1 646 558 8656 US (New York)

SA in Action TV Show

<https://www.youtube.com/watch?v=yblfJYlZEsk>

**Weekly Zoom Meeting Calendar – The following meetings happen every week and the links are always the same unless \*noted. Schedule may vary on holidays.**

**Check SANYS Statewide Facebook Page**[**https://www.facebook.com/SelfAdvNYS**](https://avanan.url-protection.com/v1/url?o=https%3A//protect2.fireeye.com/v1/url%3Fk%3D319aa7bb-6e019f7c-31985e8e-000babd9f75c-2b2741672adc5327%26amp%3Bq%3D1%26amp%3Be%3D0cc77519-043f-4457-ae42-b7a31a6f9358%26amp%3Bu%3Dhttps%253A%252F%252Fwww.facebook.com%252FSelfAdvNYS&g=MzgxMWM5MTMxOWYyYzVjYw==&h=N2NlNTRkZWI5YjEyMWE5YjhjZDlkYmI5NzJiMjEzY2MwYjkwM2U3ZWU0Njk0NzIwMjQ1MTQ5NDJjMmMwYjljZQ==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)**for updates and special events.**

**Monday**

**9:30-10:00am Coffee Clutch hosted by SANYS Long Island**

[https://us02web.zoom.us/j/200922882](https://avanan.url-protection.com/v1/url?o=https%3A//protect2.fireeye.com/v1/url%3Fk%3D356bc92b-6af0f1ec-3569301e-000babd9f75c-43b3518eae454e7e%26amp%3Bq%3D1%26amp%3Be%3D0cc77519-043f-4457-ae42-b7a31a6f9358%26amp%3Bu%3Dhttps%253A%252F%252Fwww.google.com%252Furl%253Fq%253Dhttps%253A%252F%252Fus02web.zoom.us%252Fj%252F200922882%2526sa%253DD%2526source%253Dcalendar%2526ust%253D1612616023256000%2526usg%253DAOvVaw15PrcWIe96pW5jULgmy7MB&g=NWNjZTdlNTYwYzAzY2U5Nw==&h=ODQ5YTM1NWMxOWQxZTRmODdmMmNkZjdjNjM5ZTk5ZWIxMDYyN2U4YTA2YzI5MjEzNzkwYmRjMjk1MTgyNzcwYg==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID: 200 922 882

One tap mobile +19292056099,,200922882# US (New York)

**10-11a Coffee Chat hosted by People Inc.**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=Zjc1YTkxNTBhNDlhZWFlMQ==&h=MjU1ZDgzNjU1OTc3Nzk1ZTZiOTFlMDczNzY0ZTRiZjZhNDY4YzM5OTRkZDBhZTlmNjIyMWE5NzJjNmQ5OWU3Yg==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to [rbanner@people-inc.org](mailto:rbanner@people-inc.org)

**11:15am Disability and Identity hosted by Center for Self Advocacy**

[https://us02web.zoom.us/j/88069812169?pwd=L2R6aHJCZnZPNngzZlRKbnpPUjhSQT09](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/88069812169%3Fpwd%3DL2R6aHJCZnZPNngzZlRKbnpPUjhSQT09&g=YzE1NDZhYjViZThjMDNlZQ==&h=N2Q4M2QwZTU1MmE3MTU4NWUwYzY3MWJhMTg5MzVlNWQ3NTJjOTEyYTk3YTg2ZjdhNTk2MDM2MmQxNmI3NWNlNw==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

**Tuesday**

**10-11a Coffee Chat hosted by People Inc.**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=YjdkMTM3ODdiMGNlYzdiOQ==&h=Zjc0NjQ4N2UxMWJiMTk2ZjU2MjJmY2Y0YjJlMmE4YjBjYTcyYTU2MjFiODFmOTQ5MmY5NzVhZjZkNDgwZjc4MA==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to [rbanner@people-inc.org](mailto:rbanner@people-inc.org)

**11:00 am Social Justice Group hosted by Center for Self Advocacy**

[https://us02web.zoom.us/j/86200517129?pwd=WE9ZQlFDRW9OV3JDeTRjWDI5NzNuQT09](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/86200517129%3Fpwd%3DWE9ZQlFDRW9OV3JDeTRjWDI5NzNuQT09&g=OWM1NjQ4ZTkyZDI3ZmY4NA==&h=NmY2NzNmMDJjOGYyNGM4M2Q2MGNhMDhjNzg0MTZhYTdjMWNjODZhOGNlZmNkYjYwMWIzYTk5MjJiYWU5ZTgzYg==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

One tap mobile +17209289299,,86200517129#,,,,,,0#,,12344#

Dial by your location

        +1 720 928 9299

Meeting ID: 862 0051 7129

**4:30-5:30pm Tea Time hosted by People Inc.**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=MzAxNmYxYzc2MmU2MGYxYw==&h=OGEyN2QzZDlhZDM5ODA2MGJmNGZlYWQ2ZDQxNzBhMjQ4ZjM2OWE2OTQ5Y2ExYTI3NzU5NDkxNmI3YTVkOWRlNQ==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to [rbanner@people-inc.org](mailto:rbanner@people-inc.org)

**Wednesday**

**10-11a Coffee Chat hosted by People Inc.**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=NmIwYmFkZmY3YzgyM2FlYw==&h=YWQ3NzEzM2M3ZTliNjMyNDA2Mjc5OTg3YmFlMmRjOThhYjBiZDdlNTE5YWFlNmVkMjlhMWI1MTdmMWIzYjhmMA==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to [rbanner@people-inc.org](mailto:rbanner@people-inc.org)

**1-2:45pm Staying Connected Advocacy/Wellness**.

Topic: Adaptive Equipment- Learn about items that can help you be more independent

Zoom Link:  [https://us02web.zoom.us/j/88433136961](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/88433136961&g=Y2ZlNmM2ODEyNDA5MmI2Yw==&h=M2I1NTA4ZTUxNzZhYTQyNDIxNDY5YWUwN2Y5OTVmYzZlNDQxNDQ1MzE0YzM3NTA2N2E1NGI2NDY1OTI5OGNiMw==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID: 884 3313 6961

Call in: 1-929-205-6099

**3-4:00pm Adventure Time Wednesday: Exploring the World through Art: Books, Poems, and Music.**

Zoomlink:  [https://us02web.zoom.us/j/83386639115?pwd=U3prVXF5RFh1K0MzQU5LeC9FaE5sZz09](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/83386639115%3Fpwd%3DU3prVXF5RFh1K0MzQU5LeC9FaE5sZz09&g=YTlkNDljODI0ZTA2NzM0Zg==&h=NmQ2ZjlmMDA2ZTcyYTQwODdkNzYyMTY5ZWU2OThhZTUyMjAxMmEzOWFiNmM3ZTJhMjQ3ZGQ5ZTM3NTJhYmU3OA==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID: 833 8663 9115  Call In#1-929-205-6099

**4:30-5:30pm Tea Time hosted by People Inc.**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=ZDNmOTZlNjE5Y2YyMzljYQ==&h=YTBiYTEyY2YzMWU5Njg5NGQxNzA1NTJlNWM3YWI1MTMyYWVmYzY5YjUwODBhNDkzOWNlN2M1MDFlNGU0YTE5OA==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to [rbanner@people-inc.org](mailto:rbanner@people-inc.org)

**SPEAC August Talent Show**

You are invited to a Zoom meeting.

When: Aug 4, 2021 07:00 PM Eastern Time (US and Canada)

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZItc--opjwjGdItAkpMY5QSajCTJmpQ0ckV>

After registering, you will receive a confirmation email containing information about joining the meeting

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**Thursday**

**Due to the Western Regional Conference there is No Getting To Know you today**

**10-11a Coffee Chat** hosted by People Inc.

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=YzFkNzI0NGY3YTEyMzdlMQ==&h=MjdmY2RmMWYwOWU0NTUzNzYzZDNlNTRmZjAwNTNlOTYzODA4YWViMzA1N2Y2YTIxMTdlYWQ0MDk2OWYzY2EwOQ==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

**1:00 -2:00 pm SARTAC ZOOM Meeting**

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[https://zoom.us/j/324815633](https://avanan.url-protection.com/v1/url?o=https%3A//zoom.us/j/324815633%3Ffbclid%3DIwAR1fV6xwN3Ix_78MPspQ9oxZLeFSWC7hkrk4odR75mnB3ztug0PR11S8q4E&g=M2VjMmFjNmRmMjIyODVkZA==&h=ZmU1NDQ3ZmQ3OGM5ODliOWYyMmVlNjU2MWRiZjMzMDBjYzAyNjBmZjAxYmQwMmYzYzgwNWM3NDkyMzMwZGIyNQ==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Or call 1-929-436-2866 and the Meeting ID: 324 815 633

Or go to [zoom.us](https://avanan.url-protection.com/v1/url?o=http%3A//zoom.us/&g=OWViNWU0MmQwZjFjM2Q1NQ==&h=ZGU3MzkxYTg2ZTlmYWY4MjZkNzYxZGQxZDE3MDE2MjY3ZGYwMDZkZWRmMWM3OGEyMWIyZTM5MDY5NWFmZTdlNw==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=) click on join a meeting and put in 324 815 633

**4:30p-5:30p Thursday Coloring/Crafts/Conversation hosted by People Inc**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=N2NjMTMxNWQzM2ZjNDJiYQ==&h=YjMwMzkwODIyOGEzNTEwNjBhMjUxMGQwZWVhNTAxNGFiNzE0OGYyYmVmMDgzZjI0ZGJhNTQ1MTJmMGM5MmUxNg==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to [rbanner@people-inc.org](mailto:rbanner@people-inc.org)

**Friday**

**Due to the Western Regional Conference there is No Opening Mic Today**

**Coffee Chat from 10-11a**

hosted by People Inc.

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=NDIzNjQwZGIwMjEyNTYxMQ==&h=ZTY5OTBmNmI1NjIwYWNmZTVjMTFlMzY1YTQzY2MyOGJmOGNlODQxYjllMzI4YzkxMzQwMjllZjFmMWJjNjIyNA==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to  [rbanner@people-inc.org](mailto:rbanner@people-inc.org)

Topic: Lunchtime Meditation  
Time: Aug 2, 2021 12:00 PM Eastern Time (US and Canada)  
        Every week on Mon, Fri, until Sep 13, 2021, 13 occurrence(s)  
        Aug 2, 2021 12:00 PM  
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        Aug 27, 2021 12:00 PM  
        Aug 30, 2021 12:00 PM  
        Sep 3, 2021 12:00 PM  
        Sep 6, 2021 12:00 PM  
        Sep 10, 2021 12:00 PM  
        Sep 13, 2021 12:00 PM  
Please download and import the following iCalendar (.ics) files to your calendar system.  
Weekly: <https://us06web.zoom.us/meeting/tZMsfuGhrDwpHd2VXxomyaFopSJVK9i-pNH7/ics?icsToken=98tyKuGvrzIiE9aSsx6ORpwEBYr4WfPzpmZegqcPqif9DC1KYyX5JtFoBJkmGZXA>  
  
Join Zoom Meeting  
<https://us06web.zoom.us/j/87198927379>  
  
Meeting ID: 871 9892 7379  
One tap mobile  
+16465588656,,87198927379# US (New York)  
  
  
Dial by your location  
        +1 646 558 8656 US (New York)

**4:30p-5:30p Friday Happy Hour Hosted by People Inc**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=MjBmZGYxYjMwNTVjNmIzNg==&h=MmQ4OWQ0ZjQ5ZTlmODUyYjViMDk4OWY4ZGE3ZTI4Y2I5ZTFhZTc0N2ExYTg4ZDk2Zjk3YTliOWE0NmZlZGM0ZQ==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to [rbanner@people-inc.org](mailto:rbanner@people-inc.org)

**Saturday**

**1-2pm Saturday Social hosted by People Inc.**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=ZjYxM2Q5MGY3MTk1NzU5MQ==&h=NjA5NDUxNTkwNzdjOTUyYzJlYTYyYmE0MDNiNWJmYzZiY2JiNDQyZjZiYTdmYjU5YzA3NzMwYmRiNjdjZjQ4Ng==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to [rbanner@people-inc.org](mailto:rbanner@people-inc.org)

Meeting ID: 953 6268 9438

Right to Ride Support Group

August 7, 2021 2P-3P

Join Zoom Meeting  
[https://us02web.zoom.us/j/86976353785](https://us02web.zoom.us/j/86976353785?fbclid=IwAR3dp_HzYe6KmMpRWxD1znMIzmZB8B2Q2nCmSa_WE_mSGP5nvt3zNnUFMDI)  
Meeting ID: 869 7635 3785  
One tap mobile  
+19292056099,,86976353785# US (New York)

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**7:30-9:30 DJ Joe Dance Party**

Join Zoom Meeting  
[https://zoom.us/j/98074946684](https://avanan.url-protection.com/v1/url?o=https%3A//zoom.us/j/98074946684&g=Y2JmYmZlZmJkNGIwNmM4MA==&h=YjEyNmNiM2VmMWQ3MWM0NDgwM2YzODFmNDhjNzE2OGIxYjg1ODRmNmUzODhiODVmZjhmYmUwNDRkNzZmMDAxZQ==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)  
Meeting ID: 980 7494 6684  
One tap mobile  
+19292056099,,98074946684#