** SANYS Update 8/23/2021**

Please note that today’s meditation on Zoom will be at 6pm. See the link before

Topic: Meditation
Time:6 PM Eastern Time (US and Canada)
        Every week on Mon, Fri, until Sep 13, 2021, 13 occurrence(s)

Join Zoom Meeting
<https://us06web.zoom.us/j/87198927379>

Meeting ID: 871 9892 7379
One tap mobile
+16465588656,,87198927379# US (New York)

Dial by your location
        +1 646 558 8656 US (New York)

The Center for Self Advocacy (CSA) is taking a survey of people with intellectual and developmental disabilities to determine their preference on receiving services from people with disabilities.  The attached google poll is very brief, and will only take a few minutes to complete. If you need help in completing it, we can assist you.  Either call us at (716) 768-1795 or email at center4sainfo@center4sa.org to set up a brief appointment time with our staff.  Thank you for your participation in our survey!

<https://forms.gle/NFkobEgcAktFxQbR9>

**Weekly Zoom Meeting Calendar – The following meetings happen every week and the links are always the same unless \*noted. Schedule may vary on holidays.**

**Check SANYS Statewide Facebook Page**[**https://www.facebook.com/SelfAdvNYS**](https://avanan.url-protection.com/v1/url?o=https%3A//protect2.fireeye.com/v1/url%3Fk%3D319aa7bb-6e019f7c-31985e8e-000babd9f75c-2b2741672adc5327%26amp%3Bq%3D1%26amp%3Be%3D0cc77519-043f-4457-ae42-b7a31a6f9358%26amp%3Bu%3Dhttps%253A%252F%252Fwww.facebook.com%252FSelfAdvNYS&g=MzgxMWM5MTMxOWYyYzVjYw==&h=N2NlNTRkZWI5YjEyMWE5YjhjZDlkYmI5NzJiMjEzY2MwYjkwM2U3ZWU0Njk0NzIwMjQ1MTQ5NDJjMmMwYjljZQ==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)**for updates and special events.**

**Monday**

**9:30-10:00am Coffee Clutch hosted by SANYS Long Island**

[https://us02web.zoom.us/j/200922882](https://avanan.url-protection.com/v1/url?o=https%3A//protect2.fireeye.com/v1/url%3Fk%3D356bc92b-6af0f1ec-3569301e-000babd9f75c-43b3518eae454e7e%26amp%3Bq%3D1%26amp%3Be%3D0cc77519-043f-4457-ae42-b7a31a6f9358%26amp%3Bu%3Dhttps%253A%252F%252Fwww.google.com%252Furl%253Fq%253Dhttps%253A%252F%252Fus02web.zoom.us%252Fj%252F200922882%2526sa%253DD%2526source%253Dcalendar%2526ust%253D1612616023256000%2526usg%253DAOvVaw15PrcWIe96pW5jULgmy7MB&g=NWNjZTdlNTYwYzAzY2U5Nw==&h=ODQ5YTM1NWMxOWQxZTRmODdmMmNkZjdjNjM5ZTk5ZWIxMDYyN2U4YTA2YzI5MjEzNzkwYmRjMjk1MTgyNzcwYg==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID: 200 922 882

One tap mobile +19292056099,,200922882# US (New York)

**10-11a Coffee Chat hosted by People Inc.**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=Zjc1YTkxNTBhNDlhZWFlMQ==&h=MjU1ZDgzNjU1OTc3Nzk1ZTZiOTFlMDczNzY0ZTRiZjZhNDY4YzM5OTRkZDBhZTlmNjIyMWE5NzJjNmQ5OWU3Yg==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**11:15am Disability and Identity hosted by Center for Self Advocacy**

[https://us02web.zoom.us/j/88069812169?pwd=L2R6aHJCZnZPNngzZlRKbnpPUjhSQT09](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/88069812169%3Fpwd%3DL2R6aHJCZnZPNngzZlRKbnpPUjhSQT09&g=YzE1NDZhYjViZThjMDNlZQ==&h=N2Q4M2QwZTU1MmE3MTU4NWUwYzY3MWJhMTg5MzVlNWQ3NTJjOTEyYTk3YTg2ZjdhNTk2MDM2MmQxNmI3NWNlNw==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

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| **1:00 SARTAC Meeting﻿﻿****How Self-Advocates Define “Who’s in Control” of Community Services** |

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| Who’s in control of our services? How can we keep support workers from taking over our lives? What does self-determination look like? These important questions can be hard to answer. **ASAN** and self-advocates came up with questions to find out who’s in control. Get a sneak peek at this new resource! |

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<https://zoom.us/j/324815633>

Or call 1-929-436-2866 and the Meeting ID: 324 815 633

Or go to [zoom.us](https://avanan.url-protection.com/v1/url?o=http%3A//zoom.us/&g=OWViNWU0MmQwZjFjM2Q1NQ==&h=ZGU3MzkxYTg2ZTlmYWY4MjZkNzYxZGQxZDE3MDE2MjY3ZGYwMDZkZWRmMWM3OGEyMWIyZTM5MDY5NWFmZTdlNw==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=) click on join a meeting and put in 324 815 633

 **4:30-5:30pm Tea Time hosted by People Inc.**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=ZDNmOTZlNjE5Y2YyMzljYQ==&h=YTBiYTEyY2YzMWU5Njg5NGQxNzA1NTJlNWM3YWI1MTMyYWVmYzY5YjUwODBhNDkzOWNlN2M1MDFlNGU0YTE5OA==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**Tuesday**

**10-11a Coffee Chat hosted by People Inc.**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=YjdkMTM3ODdiMGNlYzdiOQ==&h=Zjc0NjQ4N2UxMWJiMTk2ZjU2MjJmY2Y0YjJlMmE4YjBjYTcyYTU2MjFiODFmOTQ5MmY5NzVhZjZkNDgwZjc4MA==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**11:00 am Social Justice Group hosted by Center for Self Advocacy**

[https://us02web.zoom.us/j/86200517129?pwd=WE9ZQlFDRW9OV3JDeTRjWDI5NzNuQT09](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/86200517129%3Fpwd%3DWE9ZQlFDRW9OV3JDeTRjWDI5NzNuQT09&g=OWM1NjQ4ZTkyZDI3ZmY4NA==&h=NmY2NzNmMDJjOGYyNGM4M2Q2MGNhMDhjNzg0MTZhYTdjMWNjODZhOGNlZmNkYjYwMWIzYTk5MjJiYWU5ZTgzYg==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

One tap mobile +17209289299,,86200517129#,,,,,,0#,,12344#

Dial by your location

        +1 720 928 9299

Meeting ID: 862 0051 7129

**4:30-5:30pm Tea Time hosted by People Inc.**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=MzAxNmYxYzc2MmU2MGYxYw==&h=OGEyN2QzZDlhZDM5ODA2MGJmNGZlYWQ2ZDQxNzBhMjQ4ZjM2OWE2OTQ5Y2ExYTI3NzU5NDkxNmI3YTVkOWRlNQ==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

Topic: PrideAbility - Statewide

Time: Aug 24, 2021 07:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/7163227070?pwd=SkNLdjN4Uk14SzFtT3A2bUdxU1R2dz09>

**Wednesday**

 **10-11a Coffee Chat hosted by People Inc.**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=NmIwYmFkZmY3YzgyM2FlYw==&h=YWQ3NzEzM2M3ZTliNjMyNDA2Mjc5OTg3YmFlMmRjOThhYjBiZDdlNTE5YWFlNmVkMjlhMWI1MTdmMWIzYjhmMA==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**1-2:45pm Staying Connected Advocacy/Wellness**.

Zoom Link:  [https://us02web.zoom.us/j/88433136961](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/88433136961&g=Y2ZlNmM2ODEyNDA5MmI2Yw==&h=M2I1NTA4ZTUxNzZhYTQyNDIxNDY5YWUwN2Y5OTVmYzZlNDQxNDQ1MzE0YzM3NTA2N2E1NGI2NDY1OTI5OGNiMw==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID: 884 3313 6961

Call in: 1-929-205-6099

**3-4:30pm Adventure Time Wednesday: Exploring the World through Art: Books, Poems, and Music.**

Zoomlink:  [https://us02web.zoom.us/j/83386639115?pwd=U3prVXF5RFh1K0MzQU5LeC9FaE5sZz09](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/83386639115%3Fpwd%3DU3prVXF5RFh1K0MzQU5LeC9FaE5sZz09&g=YTlkNDljODI0ZTA2NzM0Zg==&h=NmQ2ZjlmMDA2ZTcyYTQwODdkNzYyMTY5ZWU2OThhZTUyMjAxMmEzOWFiNmM3ZTJhMjQ3ZGQ5ZTM3NTJhYmU3OA==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID: 833 8663 9115  Call In#1-929-205-6099

 **4:30-5:30pm Tea Time hosted by People Inc.**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=ZDNmOTZlNjE5Y2YyMzljYQ==&h=YTBiYTEyY2YzMWU5Njg5NGQxNzA1NTJlNWM3YWI1MTMyYWVmYzY5YjUwODBhNDkzOWNlN2M1MDFlNGU0YTE5OA==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**Thursday**

 **10-11a Coffee Chat** hosted by People Inc.

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=YzFkNzI0NGY3YTEyMzdlMQ==&h=MjdmY2RmMWYwOWU0NTUzNzYzZDNlNTRmZjAwNTNlOTYzODA4YWViMzA1N2Y2YTIxMTdlYWQ0MDk2OWYzY2EwOQ==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

 **1:00 -2:00 pm SARTAC ZOOM Meeting**

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| **Working with your Support Staff** |

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| People with disabilities have problems finding and keeping support staff. SARTAC members will talk about natural and paid supports and how they play a role in their lives. |

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<https://zoom.us/j/324815633>

Or call 1-929-436-2866 and the Meeting ID: 324 815 633

Or go to [zoom.us](https://avanan.url-protection.com/v1/url?o=http%3A//zoom.us/&g=OWViNWU0MmQwZjFjM2Q1NQ==&h=ZGU3MzkxYTg2ZTlmYWY4MjZkNzYxZGQxZDE3MDE2MjY3ZGYwMDZkZWRmMWM3OGEyMWIyZTM5MDY5NWFmZTdlNw==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=) click on join a meeting and put in 324 815 633

**2:00pm -3:00pm "Get to Know You"** - is an open discussion meeting where we can get to know each other better hosted by the Finger Lakes Region .

(\*note new weekly link) Join Zoom Meeting Link:
<https://us02web.zoom.us/j/84745551582>
or call: 1-929-205-6099 Meeting ID: 847 4555 1582

**4:30p-5:30p Thursday Coloring/Crafts/Conversation hosted by People Inc**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=N2NjMTMxNWQzM2ZjNDJiYQ==&h=YjMwMzkwODIyOGEzNTEwNjBhMjUxMGQwZWVhNTAxNGFiNzE0OGYyYmVmMDgzZjI0ZGJhNTQ1MTJmMGM5MmUxNg==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

 **Friday**

**Coffee Chat from 10-11a**

hosted by People Inc.

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=NDIzNjQwZGIwMjEyNTYxMQ==&h=ZTY5OTBmNmI1NjIwYWNmZTVjMTFlMzY1YTQzY2MyOGJmOGNlODQxYjllMzI4YzkxMzQwMjllZjFmMWJjNjIyNA==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to  rbanner@people-inc.org

Topic: Lunchtime Meditation
Time: 12:00 PM Eastern Time (US and Canada)
        Every week on Mon, Fri, until Sep 13, 2021, 13 occurrence(s)

Join Zoom Meeting
<https://us06web.zoom.us/j/87198927379>

Meeting ID: 871 9892 7379
One tap mobile
+16465588656,,87198927379# US (New York)

Dial by your location
        +1 646 558 8656 US (New York)

**1:00 – 3:00pm Staying Connected: Open Mic Support Group**

[https://us02web.zoom.us/j/84144965654](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/84144965654&g=N2VmNzhiZmRkNDJhMzUzYg==&h=NzljYzlhNDYxNWRjNDg4MWJhY2ZhNjg2YzJiMjk5MTNmYjQzNTUxNzNhZGJiNGQ0MjUzZWZmYTY2OTRjYzg3Mw==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

**4:30p-5:30p Friday Happy Hour Hosted by People Inc**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=MjBmZGYxYjMwNTVjNmIzNg==&h=MmQ4OWQ0ZjQ5ZTlmODUyYjViMDk4OWY4ZGE3ZTI4Y2I5ZTFhZTc0N2ExYTg4ZDk2Zjk3YTliOWE0NmZlZGM0ZQ==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**Saturday**

**1-2pm**  Gwen and Shanell’s Saturday Soiree

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=ZjYxM2Q5MGY3MTk1NzU5MQ==&h=NjA5NDUxNTkwNzdjOTUyYzJlYTYyYmE0MDNiNWJmYzZiY2JiNDQyZjZiYTdmYjU5YzA3NzMwYmRiNjdjZjQ4Ng==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request  advocacydept@people-inc.org

**7:30-9:30 DJ Joe Dance Party**

Join Zoom Meeting
[https://zoom.us/j/98074946684](https://avanan.url-protection.com/v1/url?o=https%3A//zoom.us/j/98074946684&g=Y2JmYmZlZmJkNGIwNmM4MA==&h=YjEyNmNiM2VmMWQ3MWM0NDgwM2YzODFmNDhjNzE2OGIxYjg1ODRmNmUzODhiODVmZjhmYmUwNDRkNzZmMDAxZQ==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)
Meeting ID: 980 7494 6684
One tap mobile
+19292056099,,98074946684#

Sunday

1-2 Christy’s Corner

Meeting ID 716 322 7070

For password email advocacydept@people-inc.org