**SANYS Update 8/30/2021**

SANYS 2021 Central/Northern Regional

Self-Advocacy Conference

“We’re Back, Stronger Than Ever”

September 1st and 2nd, 2021

Please note that there are three different zoom links listed at the bottom of each section of the conference

September 1st  (6:00 PM – 8:00 PM)

6:00 PM:

Welcoming remarks from our Board President, BJ Stasio

Housekeeping remarks from Robert Belden

Introductions by our Master of Ceremonies Kevin Cobb

6:15 PM - Keynote Presentation by Sally Johnston

 Come listen to Sally, a longtime disability rights activist in Central NY who was instrumental in the forming of Disabled In Action, a rights organization responsible for many advancements in accessibility and civil rights for people with disabilities in Syracuse and Central NY. Sally was also a Field Assistant for SANYS in the early days of the Grass Roots Organizing Program, a position which put her in the forefront of the creation of many of the self-advocacy groups that formed in Central NY. Many of these groups are still meeting regularly today

7:15 - Talent Show

Listen as our regional self-advocates showcase their talents. Feel free to get in line to show off your own.

Join Zoom Meeting

<https://us02web.zoom.us/j/86923094950>

Dial by your location

 +1 929 205 6099 US (New York)

Meeting ID: 869 2309 4950

September 2nd (11:00 AM -3:00 PM)

Please note the new Zoom link at the bottom

11:00 AM - Welcoming remarks and housekeeping from our Master of Ceremonies, Robert Belden

11:10 AM – Description of the new SANYS Board of Directors Election process with Central/Northern Regional Coordinator, Dan Flanigan

11:30 AM – Workshop #1, Moving on Up (and out) with Ed Palumbo, CNY Self-Advocate and former SANYS Board member, and Christopher Burrows, Lifeplan CCO Care Coordinator. Listen as Ed and Chris talk about what to expect when you decide to make that move out on your own.

12:30 PM – Short break

12:40 PM – Workshop #2, How to Talk to Your DSP, with members of the North Country Self-Advocates. Listen as this dynamic group of self-advocates talk about how they let their DSPs know how they wish to be supported.

1:40 PM – Short Break

1:50 PM – My Confidentiality Was Violated, Allan Walley. Listen as Allan talks about his legal battle with his former DSPs after he moved out of a NYS institution and began living on his own. Allan’s struggle is both moving and maddening. You’ll want to hear all about it.

2:50 PM – Wrap up and farewell!

Join Zoom Meeting

<https://us02web.zoom.us/j/88129076301>

Dial by your location

 +1 929 205 6099 US (New York)

Meeting ID: 881 2907 6301

September 2nd Session 2 (6:00 PM)

6:00 PM – Welcoming remarks from Master of Ceremonies Heather Romanek

Housekeeping remarks by Robert Belden

6:15 PM - Self-Advocacy/Disability Rights Trivia Contest – Members of the Self-Advocacy Network

Come and show off your knowledge of SANYS history and the history of the Disability Rights Movement in this fun workshop in the form of a trivia contest. Who will be the Central/Northern Region Trivia Champion for 2021?

7:30 PM – Closing remarks and farewell

Join Zoom Meeting

<https://us02web.zoom.us/j/82030078975>

Dial by your location

+1 929 205 6099 US (New York)

Meeting ID: 820 3007 8975

Please Note the time change this week’s and next week’ s Get to know you

9/2 Get to Know You  3:30pm -5pm

9/9 Get to Know You  4:30pm - 6pm

MARK YOUR CALENDARS

You are invited to a Talent Show

When: Sep 15, 2021 07:00 PM Eastern Time (US and Canada)

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZ0rdO6spzMuGtZuPyi14BwJfZMitnvzTzZV>

After registering, you will receive a confirmation email containing information about joining the meeting.

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Fradeline Garcia (Freddie)

Disabilities Coordinator

fgarcia@friedbergjcc.org

**Weekly Zoom Meeting Calendar – The following meetings happen every week and the links are always the same unless \*noted. Schedule may vary on holidays.**

**Check SANYS Statewide Facebook Page**[**https://www.facebook.com/SelfAdvNYS**](https://avanan.url-protection.com/v1/url?o=https%3A//protect2.fireeye.com/v1/url%3Fk%3D319aa7bb-6e019f7c-31985e8e-000babd9f75c-2b2741672adc5327%26amp%3Bq%3D1%26amp%3Be%3D0cc77519-043f-4457-ae42-b7a31a6f9358%26amp%3Bu%3Dhttps%253A%252F%252Fwww.facebook.com%252FSelfAdvNYS&g=MzgxMWM5MTMxOWYyYzVjYw==&h=N2NlNTRkZWI5YjEyMWE5YjhjZDlkYmI5NzJiMjEzY2MwYjkwM2U3ZWU0Njk0NzIwMjQ1MTQ5NDJjMmMwYjljZQ==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)**for updates and special events.**

**Monday**

**9:30-10:00am Coffee Clutch hosted by SANYS Long Island**

[https://us02web.zoom.us/j/200922882](https://avanan.url-protection.com/v1/url?o=https%3A//protect2.fireeye.com/v1/url%3Fk%3D356bc92b-6af0f1ec-3569301e-000babd9f75c-43b3518eae454e7e%26amp%3Bq%3D1%26amp%3Be%3D0cc77519-043f-4457-ae42-b7a31a6f9358%26amp%3Bu%3Dhttps%253A%252F%252Fwww.google.com%252Furl%253Fq%253Dhttps%253A%252F%252Fus02web.zoom.us%252Fj%252F200922882%2526sa%253DD%2526source%253Dcalendar%2526ust%253D1612616023256000%2526usg%253DAOvVaw15PrcWIe96pW5jULgmy7MB&g=NWNjZTdlNTYwYzAzY2U5Nw==&h=ODQ5YTM1NWMxOWQxZTRmODdmMmNkZjdjNjM5ZTk5ZWIxMDYyN2U4YTA2YzI5MjEzNzkwYmRjMjk1MTgyNzcwYg==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID: 200 922 882

One tap mobile +19292056099,,200922882# US (New York)

**10-11a Coffee Chat hosted by People Inc.**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=Zjc1YTkxNTBhNDlhZWFlMQ==&h=MjU1ZDgzNjU1OTc3Nzk1ZTZiOTFlMDczNzY0ZTRiZjZhNDY4YzM5OTRkZDBhZTlmNjIyMWE5NzJjNmQ5OWU3Yg==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**11:15am Disability and Identity hosted by Center for Self Advocacy**

[https://us02web.zoom.us/j/88069812169?pwd=L2R6aHJCZnZPNngzZlRKbnpPUjhSQT09](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/88069812169%3Fpwd%3DL2R6aHJCZnZPNngzZlRKbnpPUjhSQT09&g=YzE1NDZhYjViZThjMDNlZQ==&h=N2Q4M2QwZTU1MmE3MTU4NWUwYzY3MWJhMTg5MzVlNWQ3NTJjOTEyYTk3YTg2ZjdhNTk2MDM2MmQxNmI3NWNlNw==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

12:00 Lunchtime Meditation

Join Zoom Meeting
<https://us06web.zoom.us/j/87198927379>

Meeting ID: 871 9892 7379
One tap mobile
+16465588656,,87198927379# US (New York)

Dial by your location
        +1 646 558 8656 US (New York)

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| **1:00 SARTAC National Self Advocacy Group Meeting﻿﻿** |

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<https://zoom.us/j/324815633>

Or call 1-929-436-2866 and the Meeting ID: 324 815 633

Or go to [zoom.us](https://avanan.url-protection.com/v1/url?o=http%3A//zoom.us/&g=OWViNWU0MmQwZjFjM2Q1NQ==&h=ZGU3MzkxYTg2ZTlmYWY4MjZkNzYxZGQxZDE3MDE2MjY3ZGYwMDZkZWRmMWM3OGEyMWIyZTM5MDY5NWFmZTdlNw==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=) click on join a meeting and put in 324 815 633

 **4:30-5:30pm Tea Time hosted by People Inc.**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=ZDNmOTZlNjE5Y2YyMzljYQ==&h=YTBiYTEyY2YzMWU5Njg5NGQxNzA1NTJlNWM3YWI1MTMyYWVmYzY5YjUwODBhNDkzOWNlN2M1MDFlNGU0YTE5OA==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**Tuesday**

**10-11a Coffee Chat hosted by People Inc.**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=YjdkMTM3ODdiMGNlYzdiOQ==&h=Zjc0NjQ4N2UxMWJiMTk2ZjU2MjJmY2Y0YjJlMmE4YjBjYTcyYTU2MjFiODFmOTQ5MmY5NzVhZjZkNDgwZjc4MA==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**11:00 am Social Justice Group hosted by Center for Self Advocacy**

[https://us02web.zoom.us/j/86200517129?pwd=WE9ZQlFDRW9OV3JDeTRjWDI5NzNuQT09](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/86200517129%3Fpwd%3DWE9ZQlFDRW9OV3JDeTRjWDI5NzNuQT09&g=OWM1NjQ4ZTkyZDI3ZmY4NA==&h=NmY2NzNmMDJjOGYyNGM4M2Q2MGNhMDhjNzg0MTZhYTdjMWNjODZhOGNlZmNkYjYwMWIzYTk5MjJiYWU5ZTgzYg==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

One tap mobile +17209289299,,86200517129#,,,,,,0#,,12344#

Dial by your location

        +1 720 928 9299

Meeting ID: 862 0051 7129

**4:30-5:30pm Tea Time hosted by People Inc.**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=MzAxNmYxYzc2MmU2MGYxYw==&h=OGEyN2QzZDlhZDM5ODA2MGJmNGZlYWQ2ZDQxNzBhMjQ4ZjM2OWE2OTQ5Y2ExYTI3NzU5NDkxNmI3YTVkOWRlNQ==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**Wednesday**

 **10-11a Coffee Chat hosted by People Inc.**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=NmIwYmFkZmY3YzgyM2FlYw==&h=YWQ3NzEzM2M3ZTliNjMyNDA2Mjc5OTg3YmFlMmRjOThhYjBiZDdlNTE5YWFlNmVkMjlhMWI1MTdmMWIzYjhmMA==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

12-12:30pm “Livin’ God’s Crazy Dream” Poetry Reading

Tune into Facebook for a reading by Poet Andrew Calderone aka The Poet AIC sponsored by Starlight Studios

Many of you might know Andy by his poem “Proclamation” - a powerful work that he has performed at self advocacy conferences and Disability Pride events. Click below to watch the Facebook Live broadcast of his reading.

<https://www.facebook.com/events/3056872661262846>

**1-2:45pm Staying Connected Advocacy/Wellness**.

Zoom Link:  [https://us02web.zoom.us/j/88433136961](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/88433136961&g=Y2ZlNmM2ODEyNDA5MmI2Yw==&h=M2I1NTA4ZTUxNzZhYTQyNDIxNDY5YWUwN2Y5OTVmYzZlNDQxNDQ1MzE0YzM3NTA2N2E1NGI2NDY1OTI5OGNiMw==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID: 884 3313 6961

Call in: 1-929-205-6099

**3-4:00pm Adventure Time Wednesday: Exploring the World through Art: Books, Poems, and Music.**

Zoomlink:  [https://us02web.zoom.us/j/83386639115?pwd=U3prVXF5RFh1K0MzQU5LeC9FaE5sZz09](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/83386639115%3Fpwd%3DU3prVXF5RFh1K0MzQU5LeC9FaE5sZz09&g=YTlkNDljODI0ZTA2NzM0Zg==&h=NmQ2ZjlmMDA2ZTcyYTQwODdkNzYyMTY5ZWU2OThhZTUyMjAxMmEzOWFiNmM3ZTJhMjQ3ZGQ5ZTM3NTJhYmU3OA==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID: 833 8663 9115  Call In#1-929-205-6099

 **4:30-5:30pm Tea Time hosted by People Inc.**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=ZDNmOTZlNjE5Y2YyMzljYQ==&h=YTBiYTEyY2YzMWU5Njg5NGQxNzA1NTJlNWM3YWI1MTMyYWVmYzY5YjUwODBhNDkzOWNlN2M1MDFlNGU0YTE5OA==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**Thursday**

 **10-11a Coffee Chat** hosted by People Inc.

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=YzFkNzI0NGY3YTEyMzdlMQ==&h=MjdmY2RmMWYwOWU0NTUzNzYzZDNlNTRmZjAwNTNlOTYzODA4YWViMzA1N2Y2YTIxMTdlYWQ0MDk2OWYzY2EwOQ==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

**11:00 Women’s Group**

[https://us02web.zoom.us/j/82909170074](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/82909170074&g=ZTBmY2U2OTUxNmNiMWVlNQ==&h=MmU1OTE3YmFmZDAzNDAxYjE4ZDkzMzUxN2M2MzJjMzgzMDg5MjRiY2JmMDI5NDIzNTg4YWNkNTRjYmZkYTAzNw==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

password on request to: smascio@center4sa.org

 **1:00 -2:00 pm SARTAC ZOOM Meeting**

<https://zoom.us/j/324815633>

Or call 1-929-436-2866 and the Meeting ID: 324 815 633

Or go to [zoom.us](https://avanan.url-protection.com/v1/url?o=http%3A//zoom.us/&g=OWViNWU0MmQwZjFjM2Q1NQ==&h=ZGU3MzkxYTg2ZTlmYWY4MjZkNzYxZGQxZDE3MDE2MjY3ZGYwMDZkZWRmMWM3OGEyMWIyZTM5MDY5NWFmZTdlNw==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=) click on join a meeting and put in 324 815 633

3:30pm -5pm**"Get to Know You"** - is an open discussion meeting where we can get to know each other better hosted by the Finger Lakes Region .

<https://us02web.zoom.us/j/84745551582>
or call: 1-929-205-6099 Meeting ID: 847 4555 1582

**4:30p-5:30p Thursday Coloring/Crafts/Conversation hosted by People Inc**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=N2NjMTMxNWQzM2ZjNDJiYQ==&h=YjMwMzkwODIyOGEzNTEwNjBhMjUxMGQwZWVhNTAxNGFiNzE0OGYyYmVmMDgzZjI0ZGJhNTQ1MTJmMGM5MmUxNg==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

 **Friday**

**Coffee Chat from 10-11a**

hosted by People Inc.

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=NDIzNjQwZGIwMjEyNTYxMQ==&h=ZTY5OTBmNmI1NjIwYWNmZTVjMTFlMzY1YTQzY2MyOGJmOGNlODQxYjllMzI4YzkxMzQwMjllZjFmMWJjNjIyNA==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to  rbanner@people-inc.org

Topic: Lunchtime Meditation
Time: 12:00 PM Eastern Time (US and Canada)
        Every week on Mon, Fri, until Sep 13, 2021, 13 occurrence(s)

Join Zoom Meeting
<https://us06web.zoom.us/j/87198927379>

Meeting ID: 871 9892 7379
One tap mobile
+16465588656,,87198927379# US (New York)

Dial by your location
        +1 646 558 8656 US (New York)

**1:00 – 3:00pm Staying Connected: Open Mic Support Group**

[https://us02web.zoom.us/j/84144965654](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/84144965654&g=N2VmNzhiZmRkNDJhMzUzYg==&h=NzljYzlhNDYxNWRjNDg4MWJhY2ZhNjg2YzJiMjk5MTNmYjQzNTUxNzNhZGJiNGQ0MjUzZWZmYTY2OTRjYzg3Mw==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

**4:30p-5:30p Friday Happy Hour Hosted by People Inc**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=MjBmZGYxYjMwNTVjNmIzNg==&h=MmQ4OWQ0ZjQ5ZTlmODUyYjViMDk4OWY4ZGE3ZTI4Y2I5ZTFhZTc0N2ExYTg4ZDk2Zjk3YTliOWE0NmZlZGM0ZQ==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to rbanner@people-inc.org

**Saturday**

**1-2pm**  Gwen and Shanell’s Saturday Soiree

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=ZjYxM2Q5MGY3MTk1NzU5MQ==&h=NjA5NDUxNTkwNzdjOTUyYzJlYTYyYmE0MDNiNWJmYzZiY2JiNDQyZjZiYTdmYjU5YzA3NzMwYmRiNjdjZjQ4Ng==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request  advocacydept@people-inc.org

Right to Ride Support Group

Join Zoom Meeting

<https://us02web.zoom.us/j/86976353785>

Meeting ID: 869 7635 3785

One tap mobile

+19292056099,,86976353785# US (New York)

**7:30-9:30 DJ Joe Dance Party**

Join Zoom Meeting
[https://zoom.us/j/98074946684](https://avanan.url-protection.com/v1/url?o=https%3A//zoom.us/j/98074946684&g=Y2JmYmZlZmJkNGIwNmM4MA==&h=YjEyNmNiM2VmMWQ3MWM0NDgwM2YzODFmNDhjNzE2OGIxYjg1ODRmNmUzODhiODVmZjhmYmUwNDRkNzZmMDAxZQ==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)
Meeting ID: 980 7494 6684
One tap mobile
+19292056099,,98074946684#

Sunday

1-2 Christy’s Corner

Meeting ID 716 322 7070

For password email advocacydept@people-inc.org