**Logo

Description automatically generatedSANYS Update 9/13/2021**

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COMMUNITY EVENTS

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| Join the Spina Bifida Resource Network for their annual  **Empowerment Retreat** |

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| Text  Description automatically generated |

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| Re-imagine your optimal wellness and unlimited potential through radical self-acceptance, interdependence, socialization and community building at this peer-led, fun and interactive virtual event.  Open to adults 21+ with disabilities only.  Register now!  [https://www.thesbrn.org/news-and-events/retreat](https://api.neonemails.com/emails/tracking/click-link/Xnl-3jheLC5Tfc6YTydNrRrGw-qCtFp01IjDBaFO0zI=/5-Npq_U7yiQs83JJyrL_6wS1WDFT5LHhqbDwhEWEySo=) |

SPEAC September Talent Show.

Please register !

The next Talent Show will be on the first Wednesday of the month, September 22, 2021.

You are invited to a Zoom meeting.

When: September 22nd, 2021 07:00 PM Eastern Time              (US and Canada)

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZctcOmgrjwiGdAmMczeg1up8L7FFodAvttl>

After registering, you will receive a confirmation email containing information about joining the meeting.

Virtual Adaptive Fitness Classes

https://www.borp.org/borp-online-fitness-studio/

**Weekly Zoom Meeting Calendar – The following meetings happen every week and the links are always the same unless \*noted. Schedule may vary on holidays.**

**Check SANYS Statewide Facebook Page**[**https://www.facebook.com/SelfAdvNYS**](https://avanan.url-protection.com/v1/url?o=https%3A//protect2.fireeye.com/v1/url%3Fk%3D319aa7bb-6e019f7c-31985e8e-000babd9f75c-2b2741672adc5327%26amp%3Bq%3D1%26amp%3Be%3D0cc77519-043f-4457-ae42-b7a31a6f9358%26amp%3Bu%3Dhttps%253A%252F%252Fwww.facebook.com%252FSelfAdvNYS&g=MzgxMWM5MTMxOWYyYzVjYw==&h=N2NlNTRkZWI5YjEyMWE5YjhjZDlkYmI5NzJiMjEzY2MwYjkwM2U3ZWU0Njk0NzIwMjQ1MTQ5NDJjMmMwYjljZQ==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)**for updates and special events.**

**Monday**

**9:30-10:00am Coffee Clutch hosted by SANYS Long Island**

[https://us02web.zoom.us/j/200922882](https://avanan.url-protection.com/v1/url?o=https%3A//protect2.fireeye.com/v1/url%3Fk%3D356bc92b-6af0f1ec-3569301e-000babd9f75c-43b3518eae454e7e%26amp%3Bq%3D1%26amp%3Be%3D0cc77519-043f-4457-ae42-b7a31a6f9358%26amp%3Bu%3Dhttps%253A%252F%252Fwww.google.com%252Furl%253Fq%253Dhttps%253A%252F%252Fus02web.zoom.us%252Fj%252F200922882%2526sa%253DD%2526source%253Dcalendar%2526ust%253D1612616023256000%2526usg%253DAOvVaw15PrcWIe96pW5jULgmy7MB&g=NWNjZTdlNTYwYzAzY2U5Nw==&h=ODQ5YTM1NWMxOWQxZTRmODdmMmNkZjdjNjM5ZTk5ZWIxMDYyN2U4YTA2YzI5MjEzNzkwYmRjMjk1MTgyNzcwYg==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID: 200 922 882

One tap mobile +19292056099,,200922882# US (New York)

**10-11a Coffee Chat hosted by People Inc.**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=Zjc1YTkxNTBhNDlhZWFlMQ==&h=MjU1ZDgzNjU1OTc3Nzk1ZTZiOTFlMDczNzY0ZTRiZjZhNDY4YzM5OTRkZDBhZTlmNjIyMWE5NzJjNmQ5OWU3Yg==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to [rbanner@people-inc.org](mailto:rbanner@people-inc.org)

**11:15am Disability and Identity hosted by Center for Self Advocacy**

[https://us02web.zoom.us/j/88069812169?pwd=L2R6aHJCZnZPNngzZlRKbnpPUjhSQT09](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/88069812169%3Fpwd%3DL2R6aHJCZnZPNngzZlRKbnpPUjhSQT09&g=YzE1NDZhYjViZThjMDNlZQ==&h=N2Q4M2QwZTU1MmE3MTU4NWUwYzY3MWJhMTg5MzVlNWQ3NTJjOTEyYTk3YTg2ZjdhNTk2MDM2MmQxNmI3NWNlNw==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Topic: Lunchtime Meditation  
12:00 PM Eastern Time (US and Canada)  
        Every week on Mon, Fri, until Sep 13, 2021, 13 occurrence(s)  
  
Join Zoom Meeting  
<https://us06web.zoom.us/j/87198927379>  
  
Meeting ID: 871 9892 7379  
One tap mobile  
+16465588656,,87198927379# US (New York)

**4:30-5:30pm Tea Time hosted by People Inc.**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=MzAxNmYxYzc2MmU2MGYxYw==&h=OGEyN2QzZDlhZDM5ODA2MGJmNGZlYWQ2ZDQxNzBhMjQ4ZjM2OWE2OTQ5Y2ExYTI3NzU5NDkxNmI3YTVkOWRlNQ==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to [rbanner@people-inc.org](mailto:rbanner@people-inc.org)

**Tuesday**

**10-11a Coffee Chat hosted by People Inc.**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=Zjc1YTkxNTBhNDlhZWFlMQ==&h=MjU1ZDgzNjU1OTc3Nzk1ZTZiOTFlMDczNzY0ZTRiZjZhNDY4YzM5OTRkZDBhZTlmNjIyMWE5NzJjNmQ5OWU3Yg==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to [rbanner@people-inc.org](mailto:rbanner@people-inc.org)

**11:00 am Social Justice Group hosted by Center for Self Advocacy**

[https://us02web.zoom.us/j/86200517129?pwd=WE9ZQlFDRW9OV3JDeTRjWDI5NzNuQT09](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/86200517129%3Fpwd%3DWE9ZQlFDRW9OV3JDeTRjWDI5NzNuQT09&g=OWM1NjQ4ZTkyZDI3ZmY4NA==&h=NmY2NzNmMDJjOGYyNGM4M2Q2MGNhMDhjNzg0MTZhYTdjMWNjODZhOGNlZmNkYjYwMWIzYTk5MjJiYWU5ZTgzYg==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

One tap mobile +17209289299,,86200517129#,,,,,,0#,,12344#

Dial by your location

        +1 720 928 9299

Meeting ID: 862 0051 7129

**4:30-5:30pm Tea Time hosted by People Inc.**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=MzAxNmYxYzc2MmU2MGYxYw==&h=OGEyN2QzZDlhZDM5ODA2MGJmNGZlYWQ2ZDQxNzBhMjQ4ZjM2OWE2OTQ5Y2ExYTI3NzU5NDkxNmI3YTVkOWRlNQ==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to [rbanner@people-inc.org](mailto:rbanner@people-inc.org)

**Disability Rights New York and Self Advocacy Association of New York State present, “Ways to Vote in NYS 2021.”**

WHEN: Sept 14th @ 4:30PM

[**https://us02web.zoom.us/j/7165609307**](https://us02web.zoom.us/j/7165609307)

Join us to discuss:

·         Ways you can vote in the upcoming General Election

·         The meaning of voting propositions on your ballot

·         What you can do if you face barriers to casting you ballot

Closed Captioning provided, ASL available upon request.

**Questions?**Contact [helen.hellmuth@drny.org](mailto:helen.hellmuth@drny.org).

**Wednesday**

**10-11a Coffee Chat hosted by People Inc.**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=NmIwYmFkZmY3YzgyM2FlYw==&h=YWQ3NzEzM2M3ZTliNjMyNDA2Mjc5OTg3YmFlMmRjOThhYjBiZDdlNTE5YWFlNmVkMjlhMWI1MTdmMWIzYjhmMA==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to [rbanner@people-inc.org](mailto:rbanner@people-inc.org)

**1-2:45pm Staying Connected Advocacy/Wellness**.

Topic – Share Testimony on Staffing Crisis Hearing

Zoom Link:  [https://us02web.zoom.us/j/88433136961](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/88433136961&g=Y2ZlNmM2ODEyNDA5MmI2Yw==&h=M2I1NTA4ZTUxNzZhYTQyNDIxNDY5YWUwN2Y5OTVmYzZlNDQxNDQ1MzE0YzM3NTA2N2E1NGI2NDY1OTI5OGNiMw==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID: 884 3313 6961

Call in: 1-929-205-6099

**3-4:30pm Adventure Time Wednesday: Exploring the World through Art: Books, Poems, and Music.**

Zoomlink:  [https://us02web.zoom.us/j/83386639115?pwd=U3prVXF5RFh1K0MzQU5LeC9FaE5sZz09](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/83386639115%3Fpwd%3DU3prVXF5RFh1K0MzQU5LeC9FaE5sZz09&g=YTlkNDljODI0ZTA2NzM0Zg==&h=NmQ2ZjlmMDA2ZTcyYTQwODdkNzYyMTY5ZWU2OThhZTUyMjAxMmEzOWFiNmM3ZTJhMjQ3ZGQ5ZTM3NTJhYmU3OA==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID: 833 8663 9115  Call In#1-929-205-6099

**4:30-5:30pm Tea Time hosted by People Inc.**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=ZDNmOTZlNjE5Y2YyMzljYQ==&h=YTBiYTEyY2YzMWU5Njg5NGQxNzA1NTJlNWM3YWI1MTMyYWVmYzY5YjUwODBhNDkzOWNlN2M1MDFlNGU0YTE5OA==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to [rbanner@people-inc.org](mailto:rbanner@people-inc.org)

**Thursday**

**10-11a Coffee Chat** hosted by People Inc.

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=YzFkNzI0NGY3YTEyMzdlMQ==&h=MjdmY2RmMWYwOWU0NTUzNzYzZDNlNTRmZjAwNTNlOTYzODA4YWViMzA1N2Y2YTIxMTdlYWQ0MDk2OWYzY2EwOQ==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

**11:00 Women’s Group**

[https://us02web.zoom.us/j/82909170074](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/82909170074&g=ZTBmY2U2OTUxNmNiMWVlNQ==&h=MmU1OTE3YmFmZDAzNDAxYjE4ZDkzMzUxN2M2MzJjMzgzMDg5MjRiY2JmMDI5NDIzNTg4YWNkNTRjYmZkYTAzNw==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

password on request to: [smascio@center4sa.org](mailto:smascio@center4sa.org)

**1:00 -2:00 pm SARTAC ZOOM Meeting**

**Topic -**

|  |
| --- |
| **Legislative Update from the Autistic Self Advocacy Network** |

<https://zoom.us/j/324815633>

Or call 1-929-436-2866 and the Meeting ID: 324 815 633

Or go to [zoom.us](https://avanan.url-protection.com/v1/url?o=http%3A//zoom.us/&g=OWViNWU0MmQwZjFjM2Q1NQ==&h=ZGU3MzkxYTg2ZTlmYWY4MjZkNzYxZGQxZDE3MDE2MjY3ZGYwMDZkZWRmMWM3OGEyMWIyZTM5MDY5NWFmZTdlNw==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=) click on join a meeting and put in 324 815 633

2:00pm - 3:30pm Thursday's "Get to Know You" zoom meetings.  Come talk in an open mic format as a way to get to know each other better.

Join Zoom Link: <https://us02web.zoom.us/j/88699102410>  
or call: 1-929-205-6099  Meeting ID: 886 9910 2410

**4:30p-5:30p Thursday Coloring/Crafts/Conversation hosted by People Inc**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=N2NjMTMxNWQzM2ZjNDJiYQ==&h=YjMwMzkwODIyOGEzNTEwNjBhMjUxMGQwZWVhNTAxNGFiNzE0OGYyYmVmMDgzZjI0ZGJhNTQ1MTJmMGM5MmUxNg==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to [rbanner@people-inc.org](mailto:rbanner@people-inc.org)

**Friday**

**Coffee Chat from 10-11a**

hosted by People Inc.

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=NDIzNjQwZGIwMjEyNTYxMQ==&h=ZTY5OTBmNmI1NjIwYWNmZTVjMTFlMzY1YTQzY2MyOGJmOGNlODQxYjllMzI4YzkxMzQwMjllZjFmMWJjNjIyNA==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to  [rbanner@people-inc.org](mailto:rbanner@people-inc.org)

Topic: Lunchtime Meditation  
Time: 12:00 PM Eastern Time (US and Canada)  
        Every week on Mon, Fri, until Sep 13, 2021, 13 occurrence(s)  
  
Join Zoom Meeting  
<https://us06web.zoom.us/j/87198927379>  
  
Meeting ID: 871 9892 7379  
One tap mobile  
+16465588656,,87198927379# US (New York)  
  
Dial by your location  
        +1 646 558 8656 US (New York)

**1:00 – 3:00pm Staying Connected: Open Mic Support Group**

[https://us02web.zoom.us/j/84144965654](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/84144965654&g=N2VmNzhiZmRkNDJhMzUzYg==&h=NzljYzlhNDYxNWRjNDg4MWJhY2ZhNjg2YzJiMjk5MTNmYjQzNTUxNzNhZGJiNGQ0MjUzZWZmYTY2OTRjYzg3Mw==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

**4:30p-5:30p Friday Happy Hour Hosted by People Inc**

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=MjBmZGYxYjMwNTVjNmIzNg==&h=MmQ4OWQ0ZjQ5ZTlmODUyYjViMDk4OWY4ZGE3ZTI4Y2I5ZTFhZTc0N2ExYTg4ZDk2Zjk3YTliOWE0NmZlZGM0ZQ==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request to [rbanner@people-inc.org](mailto:rbanner@people-inc.org)

**Saturday**

**1-2pm**  Gwen and Shanell’s Saturday Soiree

[https://us02web.zoom.us/j/7163227070](https://avanan.url-protection.com/v1/url?o=https%3A//us02web.zoom.us/j/7163227070&g=ZjYxM2Q5MGY3MTk1NzU5MQ==&h=NjA5NDUxNTkwNzdjOTUyYzJlYTYyYmE0MDNiNWJmYzZiY2JiNDQyZjZiYTdmYjU5YzA3NzMwYmRiNjdjZjQ4Ng==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)

Meeting ID 716 322 7070

Password on request  [advocacydept@people-inc.org](mailto:advocacydept@people-inc.org)

+19292056099,,86976353785# US (New York)

**7:30-9:30 DJ Joe Dance Party**

Join Zoom Meeting  
[https://zoom.us/j/98074946684](https://avanan.url-protection.com/v1/url?o=https%3A//zoom.us/j/98074946684&g=Y2JmYmZlZmJkNGIwNmM4MA==&h=YjEyNmNiM2VmMWQ3MWM0NDgwM2YzODFmNDhjNzE2OGIxYjg1ODRmNmUzODhiODVmZjhmYmUwNDRkNzZmMDAxZQ==&p=YXAzOnBlb3BsZS1pbmM6YXZhbmFuOm86YTE2ODAwNjllZDRlYzBkNjA1OWNlZDVhMDdmMmY1ODE6djE=)  
Meeting ID: 980 7494 6684  
One tap mobile  
+19292056099,,98074946684#

Sunday

1-2 Christy’s Corner

Meeting ID 716 322 7070

For password email [advocacydept@people-inc.org](mailto:advocacydept@people-inc.org)